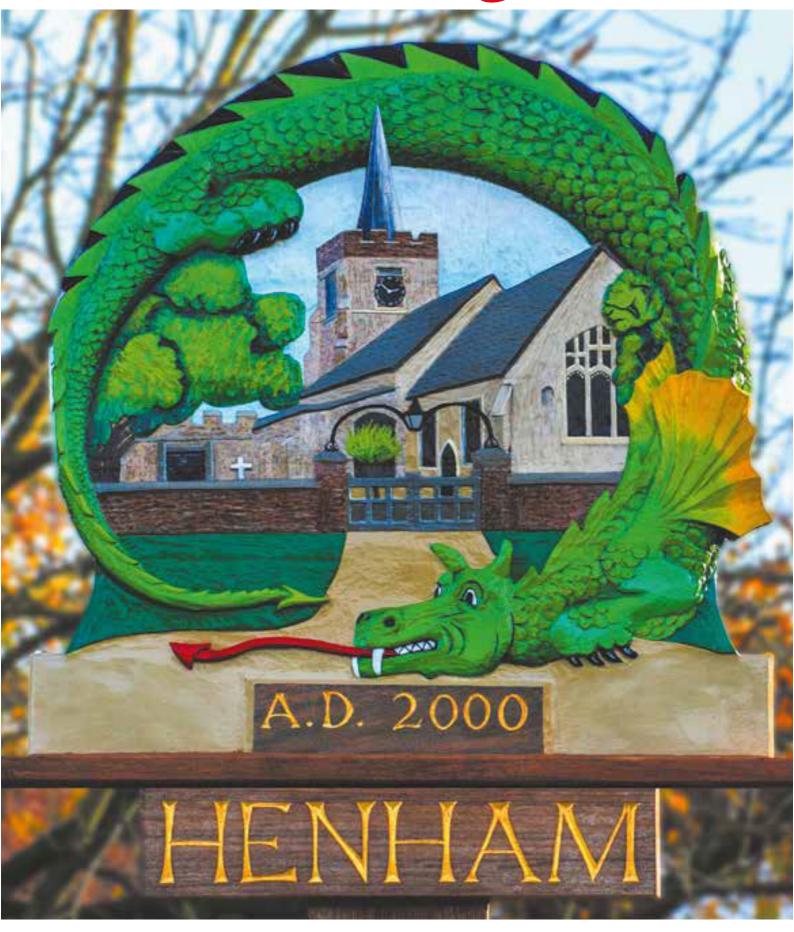
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August Dragon 2023

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Dragon Editorial Team

Editors	Carol Elson	850057
	Wendy Hogg	850141
	Pushpa Mistry	850817
	Miranda Roberts	07894 308105
Advertising	Sheena Bigland (annual)	850373
	Jan King (ad hoc)	850001
Church News	William Coleby	814322
Distribution	Ros and Jim Heywood	850441
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Editorial

It was the perfect day for the Henham Fun Run on Sunday 2nd July. As they passed the water station the runners displayed such determination, resilience, good humour and talent! (see the photos across the centre pages). A special mention must go to Ethymia Ttoffali, who ran the course four times to raise money for Cancer Research. What an extraordinary effort!

It is not surprising that in our exceptional village we have some exceptional people and in this month's edition we celebrate the achievements of two people who have worked tirelessly for the good of others in our community and beyond. They are **David Morson and professor Jangu Banatvala**

Distinguished Service Awards



David Morson, our former District Councillor, was nominated by Councillor Geoffrey Sell, to be awarded the honour of **Alderman of Uttlesford District Council.** This is the citation that Councillor Sell read out to members.

David was elected to represent the Villages of Henham and Ugley in 1995 and 1999 and then Henham and Elsenham in

2003, 2007, and 2011. He decided not to stand at the 2015 Election in order to become a full time carer for his wife Rita.

David has held the following positions on Uttlesford Council; Vice Chair, Chair of the Community and Scrutiny Committees, Member of Licensing and was proud to be elected Liberal Democrat Group Leader between 2007 -2011. He was Deputy Leader of the Council from 2005-07.

As Chair of the Community Committee, David worked with John Bosworth for eight years raising funding for the restoration and restoring Bridge End Garden to how it was in Victorian times even down to the use of correct paint "Shed Blue".

As Chair of the Museum Committee David worked for fifteen years with Carolyn Wingfield to prepare the way to transfer the Saffron Walden Museum Store from its Newport base, which was subject to flooding, to its eventual new position in Saffron Walden. With Gaynor Bradley, Sue Hayden and fellow Lib Dem Councillor John Murphy, David worked to produce a Diversity Festival at Audley End which welcomed residents from 'hard to reach' groups in the district. He was also a proud member of the Community Health Council with Mercer & Hughes Independent Veterinary Surgery



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Jackie Cheetham and Elizabeth Godwin, holding local Health Providers to account. At a local level David championed local opinion against unwanted housing development whilst campaigning for affordable housing and was a member of the "Save Our Villages Group" with Petrina Lees and the Parish Councils. He gained grants to refurbish OSCA and the Village Hall and secured funding for the new Henham Cemetery. David rarely missed any Parish Council Meetings at Henham, Ugley or Elsenham in his twenty years as a Councillor. He worked with Elsenham Parish Council for recreation facilities for young people and challenged unhygienic practices at the Land Fill Site, Ugley, calling a Public Meeting on behalf of the Cambridge Road residents.

David loved his time on the Council, learnt a lot, acknowledged the hard work of Officers and Members regardless of Party. But most of all David enjoyed helping individual members of the public with Case Work and greatly appreciated the continual support he received from local communities over his years on the Council."

Professor Jangu Banatvala



This has been written by Amanda Mower, Janju's Secretary,

Jangu was reluctant to have this published in the Dragon but I have overruled him.

After a recent named lecture in Birmingham, Jangu was given an award. It recognises achievements in his field of clinical virology, but he seems to feel he was given it

because he has outlived any of his competitors!

Looking through his records, I see that Jangu did his undergraduate training in Cambridge then London (now Royal London). At that time, Addenbrookes was not a clinical school and most of the undergraduates did their clinical studies in London. After completing junior posts Jangu returned to Cambridge for research, followed by a Fulbright scholarship to Yale. He returned to England to work at St Thomas's medical school in 1965 (latterly becoming part of Kings College, London) where he spent the rest of his career.

Jangu's research involved intrauterine and perinatal viral infections, viral gastroenteritis, blood borne infections and vaccination against viral diseases.

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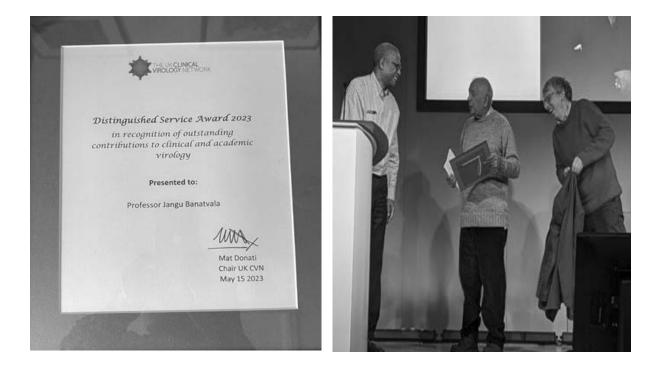
Telephone Maureen Crook 07895 480125 (sorry no personal tax)

He has lived in Henham with his family since 1965 and finds it convenient being a few yards away from The Cock, particularly on Friday evenings.

Of course, his children were brought up in Henham and love returning with their children to Little Acre whenever they can. Jangu's wife, Roshan, taught at Hatfield Broad Oak and High Wych Primary Schools and then became Head of Hassabury and Waterside Prep School. After retiring, she worked part-time at Bishops Stortford College and Felsted School.

Jangu's major achievement, which he tells me about frequently, is winning the mixed doubles championship at Henham LTC in 1966. His partner, who lived in Bury Cottage, Sue Tattershall (nee Forsythe), was better than he was and all the other opponents were married couples and argued with each other!

Amanda Mower – Secretary for Jangu



Editor's Note

Terry Waite, a long standing patron and supporter of SSE/SAW, was awarded a knighthood recently for his many years of charitable and humanitarian work.



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Village Hall News

Exciting Times Ahead!

Exciting times lie ahead for Henham Village Hall as plans are underway to introduce a variety of new events.

The people of Henham can anticipate an array of upcoming attractions, including a Bottomless Brunch, 'Henhamfest,' an entertaining Movie Night with popcorn and sweets, and a classic Quiz Night, among many other exciting initiatives. We encourage enthusiastic individuals to get involved in supporting these events by coming along but also by getting involved and helping get them organised.

If you think you could support us, please email us at our new email address **info@henhamvillagehall.co.uk.** Additionally, we invite everybody in Henham to explore our brand-new website, **henhamvillagehall.co.uk**, where you can gather comprehensive information about the hall, stay informed about upcoming events, and book the hall for your own special occasions.

Justin Rhodes

Community Grant

Henham Parish Council are very pleased to announce a new grant available to encourage residents and local groups to establish community activities in the Village Hall for the purposes of bringing a direct benefit to the parish and its residents.

The total grant fund agreed, as available from April 2023 to March 2024, is $\pounds 5,000$. This money will not form part of Henham Parish Council's precept but will specifically be drawn from cash reserves. Grants will be available up to a maximum of $\pounds 500$ per application to be paid directly to the Village Hall as a payment to cover the initial costs of hiring the hall. We hope that this will encourage greater use of the Village Hall and for villagers to come forward and start new initiatives for all age groups.

Village teas, drama groups, dance clubs, youth activities, art classes, baby and toddler groups, cinema club, etc, etc. The opportunities are endless without the initial impediment of the cost of hiring the hall. This gives everyone a chance to apply for a grant to kick start and establish valuable community activities.

For more information on this exciting opportunity and how to apply. Please email: **mfisherhpc@gmail.com** or **clerkhpc@daceyhome.co.uk**

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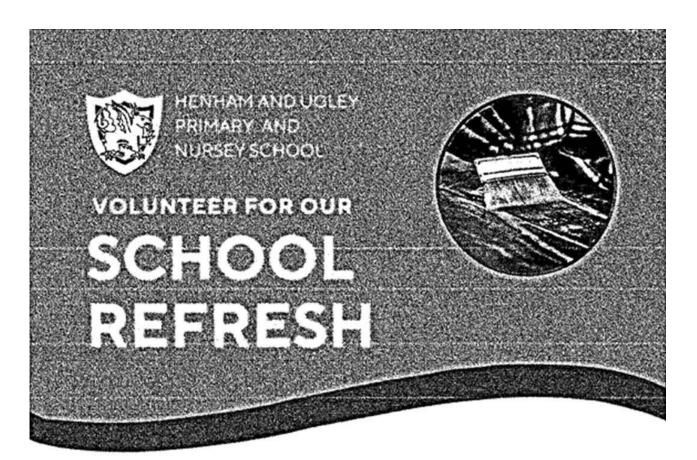
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Would you like to help with our school summer refresh project? We are looking our lovely villagers to get involved and give our school building and grounds some much needed TLC!

DO YOU HAVE CONTACTS, FRIENDS OR FAMILY THAT COULD DONATE TIME, MATERIALS AND SUPPLIES?

We are looking forward to our children and staff returning to school in September to a fresh, clean environment that inspires teaching and learning.

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Henham Parish Council

Edited minutes from 6th July. Full minutes are available to view on the village website www.henham.org

Reports and Recommendations Greens and Village Estate -Cllr. Baker:

Greens damage – **Erosion** - General greens erosion in the village causing potholes. Cllr Leech and the Chair have conducted a review of the greens and it was agreed Cllr Leech would undertake necessary repairs in the next two to three weeks. The Chair as requested a quote from Cllr Leech for the schedule of works for approval by Coucillors

Gravelling over and parking on greens at Bell Cottage, High Street – The Chair and Cllr Fisher had a site meeting and following a discussion it was agreed Cllrs would await the review of the bylaws.

Starr Road signage and pot holes – Nothing to report. It was noted that a new low-level fencing has been installed by the owners. District Cllr Lees will investigate.

Pond railings and posts – It was previously agreed by email by Cllrs to ask our gardener to repaint the pond railings and posts as he did a good job last time. Work has been completed. Cost is estimated to be £600.00.

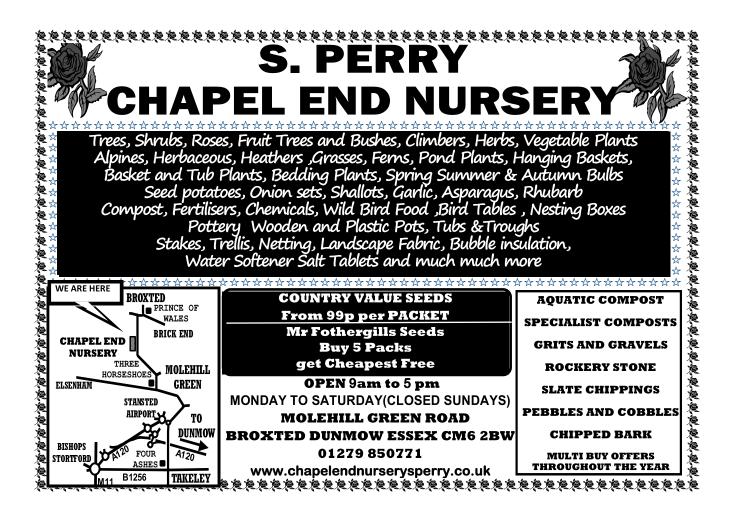
Bug hotels – Scouts via Elsenham Parish Council (EPC) have made a request to build and deposit little bug hotels around the village. This was agreed by Cllrs who are keen to encourage biodiversity within the village.

Village Hall – General – update by Cllr Fisher.

Solicitors - have been instructed to review the ownership and responsibility for the Village Hall as the existing documentation is 100 years old and needs updating. Their advice is awaited.

HPC Community Support Fund – Cllr Fisher previously circulated a draft HPC Village Hall Community Support Fund Policy to Cllrs which is designed to provide an HPC grant scheme available to not for profit organisations/ residents in order to support their use of the Village Hall. Following a discussion and some suggested amendments by Cllr Franklin, Cllr LeCount proposed the Parish Council adopts the policy, seconded by Cllr Franklin, approved nem con.

PCSO – The PCSO provided Cllrs with a detailed update including plans for more beat surgeries in the village shop and the school (Cllr Fisher to advertise on Face book), more Speedwatch visits with use of TruCam which means that speeding fines can be automatically issued, more planned fire support visits and a community Safety Partnership event to be held in the future.



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Management of Pledgdon Green – Solicitors have now been instructed and have quoted £500-750 plus VAT. Legal advice is awaited. A resident has emailed the Parish Council about a property running an airport parking business at Pledgdon Green. District Cllr Lees confirmed this has been reported to UDC enforcement.

Website – The clerk provided an update to Cllrs and explained various issues that need further consideration following on from her meeting with Cllr Lee last month. The clerk is working on populating the new website, which involves uploading all documents and formatting the template before it goes live.

Gigaclear – Nothing to report other than BT have applied for a road closure on Mill Road 30/7/23. Cllr Franklin continues to chase Gigaclear to repair the damaged box on OML.

SAW – It was agreed the Parish Council would donate £250 to SAW (Stansted Airport Watch).

<u>Receipts</u>				
From Whom	Descriptio	Description		
SOV 100 Club	May draw			£400.00
Fete Committee	Cash refund for Coronation Event gazebos etc			£635.00
Daniel Robinson	Memorial Stone			£200.00
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<u>To Whom</u>	Description	<u>Amount</u>	VAT	<u>Total</u>
PA Knott	Grass cut 3/5, 17/5 & 31/5	£1,365.00	£0.0	£1,365.00
M Dacey	June Salary	£462.30	£0.0	£462.30
Treecology	Crow St tree cutting	£180.00	£36.00	£216.00
PA Knott	Grass cut 14/6 & 28/6	£910.00	£0.0	£910.00
P Doughty	Street furniture repairs/ maintenance	£472.50	£0.0	£472.50
JRB Enterprise Ltd	Dog poo bags	£65.71	£13.14	£78.85
UDC	Election 2023 charge	£52.47	£0.0	£52.47
Henham Village	Post office fees May to August	£2,394.25	£0.0	£2,394.25
Shop Association Ltd	23			
S. Bambridge	Refund for Speed camera batteries	£13.29	£2.66	£15.95
OSCA	HPC room hire Feb- June 23	£140.00	£0.0	£140.00

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AGAR 2022-23 for Henham PC – The Year-End Accounts have been submitted to the external auditor by the clerk.

Clerk Bonus – The Parish Council has agreed to award the clerk a 3 month salary bonus due to the considerable work being undertaken in order to populate the new website.

Planning and Developments -

UTT/23/1228/HHF – proposed two storey side extension and single storey rear extension, 4 Woodend Cottages, Chickney Road. HPC comments as to concerns regarding size and scale have been submitted.

UTT/23/1422/FUL – proposed 1 no. one and a half storey dwelling and double cart port, adjacent to Theydon Lodge, North Hall Road.

A resident has requested that HPC provide planning assistance regarding another resident's proposed planning application to build four houses in a field owned by Tudor Hall, Pledgdon Green. The clerk has checked but there is nothing yet lodged on UDC planning portal.

Appeals: APP/C1570/W/23/3314576 (UTT/22/1160/FUL) – Dunroamin – OMR - Demolition of existing bungalows and outbuildings and the erection of 2 no. replacement dwellings, detached garages and associated works. Written representations must be received by 7 July 2023. It was agreed, the Planning Sub Committee will submit their concerns.

S62A/2022/0007 - Land to the south of Henham Road, Elsenham, Essex -Appeal Allowed – 130 Houses in Elsenham opposite the Crown Pub, parish of Elsenham. Henham Parish Council is disappointed that the appeal was allowed despite best efforts by EPC.

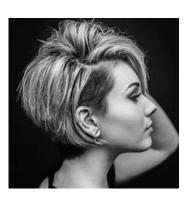
Appeal Allowed – 50 Houses in Bedwell Road.

Developments

Bloor – Cllrs Franklin and LeCount attended a meeting with EPC and Bloor last month. Minutes previously circulated to Cllrs. Cllr Franklin provided a detailed list of issues which the Parish Council will raise in the consultation process with Bloor for 200 houses in respect of which planning permission has already been granted.

Highways

Residents are encouraged to also report any matters to Essex Highways direct via the Essex Highways web site **www.essex.gov.uk/highways** (details also on the Henham Website), as the more people who complain regarding Highways matters the more likely something will get done.



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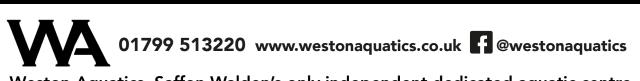
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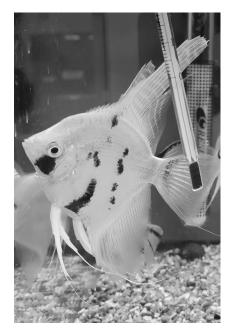
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Residents are encouraged to report unsafe or dangerous parking in our village to: <u>swilliams@uttlesford.gov.uk</u> Stansted Airport Limited operates a Freephone number for reporting suspected on-street airport related car parking. The Freephone number is: 0800 7312385

Henham SOV 100 Club draw -

June Draw

The clerk conducted the draw on behalf of the Henham SOV 100 Club. She drew from a black bag containing 160 lottery balls. The winning numbers were:

1st Prize Number 02 (C & J Stenhouse) £232

2nd Prize Number 118 (A D Fiddler) £112

3rd Prize Christmas Bonus Ball Accumulator £56. Cumulative total £392

Total funds received per draw were £800. Half will be paid in prizes plus the cumulative Christmas Bonus Ball with the balance of £400 paid to Henham Parish Council SOV Funds.

We very much appreciate everyone's ongoing support and hope you will be one of our lucky winners in the near future.

Date of Next Meeting: Thursday 7th September 7.30pm at OSCA

Mareike Dacey, Clerk

Contacts for Hall Bookings			
Church Hall	Isobel Brooks	01279 850354	
OSCA	Judy Hughes	07752 292479 or 01279 850948	
Village Hall	Elaine Randall	01279 851893 or email	
		henhamvillagehall@btinternet.com	
HUSCH	To book please email admin@henhamugley.essex.ch.uk or (in term-time only) phone 01279 850213		





Daisy May's Farm Hall Road, Elsenham, CM22 6DN

"Oh I do like to be beside the seaside", but let's face it, it can be a major hassle getting there, but worry not, **we have a beach**!!! Come and see us, play in the sand and dip your toes in the stream to cool down!

We also have our fabulous **woodland campsite**, and you can stay in the woodland area or in our camper/caravan paddock where there is lots of space and lovely scenery. Both options include entry to the farm where you can meet our lovely animals and all their babies...... all for just £25 a night AND on your doorstep! Please book via our website - **daisy.maysfarm.org** and check our Facebook page for up and coming events and exciting activities.

We have a fabulous safe area to play in, a picnic area, den building, a woodland trail to explore, themed crafts, refreshments, and ice creams and of course, **lots of animals to see**!

Most importantly, we are **open EVERYDAY**, so there is no excuse for you not to come and see us! Entry is $\pounds 5$ (under 1's free) and it really is a fabulous day out for all the family.

There really is so much to do and see at the farm and our animals just love seeing you all. So do be sure to come and see us over the summer. Can't wait to see you.





From the Church

The Rev'd Louis Wilson writes.....



If you're looking for something to read over the

summer, I might suggest a book called *God's Smuggler* by Brother Andrew (a Dutchman who died quite recently aged 94). He tells how before the collapse of Communism, he smuggled thousands of Bibles and preached the Gospel in the countries of Eastern Europe.

Very soon after he started, he found himself in Belgrade the capital of what was Communist Yugoslavia and speaking to a very full church. At the end, he invited people who wanted to make a commitment to Christ to raise their hand. Every hand in the room went up. Oh no, he thought, this is not good at all! They clearly haven't understood a word I'm saying!

And so he explained again what a serious step this was. He made the conditions of Christian discipleship under a hostile government painfully clear. He made the cost of following Christ painfully clear. And this time he said: if you want to commit your life to Christ, stand up! Every person in the room stood up.

Reflecting on this, Brother Andrew said: I was astonished. I had never before seen such readiness to bear the cost of following Christ.

The call to costly discipleship is unmistakably woven into the fabric of the Bible because Christians follow Jesus Christ, the self-denying and crucified servant Messiah. His call is unmissable. Yet in many ways, we live in a culture (and dare I say a church) often defined by our need for self-fulfilment and our pursuit of self-interest.

But the call of Christ is to follow where he has gone: to a life of radical and costly self-sacrifice in our work, our commitments, our time, our money, our attitude, our relationships, and above all our hearts. At first glance, this looks pretty unappealing - but it actually turns out to be a life of real satisfaction, joy and blessing.

I think of a woman called Gladys Aylward who puts this so well. She left her life of self-indulgence (men, drinking and gambling) and went to China as a missionary in 1932. After a lifetime of Christian service, she said this:

"I have not done what I wanted to. I have not eaten what I wanted or worn what I would have chosen. I have lived in houses that I would not have looked at twice. I longed for a husband and babies and security and love, but God never gave them. Instead he left me alone for 17 years with one book – a

A Chinese Bible. I don't know anything about the latest novels, pictures or theatres. I live in a rather outdated world and I suppose you would say it is awful miserable isn't it? But friend, I have been one of the happiest women who stepped the earth. I have known the heavens opening and the blessing tumbling out."

Such has been the testimony of so many Christians all through the ages.

The Refurbishment of St Mary's, Henham

Anybody visiting Henham Church over the last few years will have seen plans for the next chapter in the building's historic development. These have taken ten years to realise, but I'm delighted that work will finally begin in September. We aim to be back in a much improved, flexible and sustainable space in about twelve months. This will incorporate meeting rooms, kitchen, toilets, be more welcoming to the less able, and equipped to serve our congregation and village for years to come.

Records show that the church building has evolved continuously over the centuries since its inception in 1044 by the local lord of the manor. He willed land on which to build the church during the reign of Edward the Confessor. The earliest identifiable fabric still remaining is from about 1100. This comprises the chancel walls bar the eastern gable.

By the 12th century the church consisted of at least a nave and the present chancel. During the 13th century the chancel was modernised and lancet windows were introduced replacing the earlier smaller Norman windows. By the late 13th century a transept chapel was built on the south side of the nave. And in about 1325 the north aisle was built replacing the Norman wall. The tower and spire also belong to this phase, which has since been rebuilt in brick, perhaps when the tower was restored in about 1911.

The church was further modernised in the 15th century when nearly all the windows were replaced and the south porch built. The chancel arch, rood screen, pulpit, piscina and fragments of stained glass are also of this period together with the font and the door in the south aisle.

Two later phases of restoration were carried out under the supervision of W.G. Horseman, a London based architect. The first in 1897 for general repairs and removal of the nave ceiling to reveal the medieval roof, and to install the block of pews in the eastern part of the nave. The second in 1952 to reorder the chancel when the present communion table and rails were installed. In addition, the amazing set of bells was restored in 1985.

It is appropriate that our final service in the church will be marked by a special Confirmation Service on the 10th September, led by our Bishop, Rob Munro.

After much deliberation, the PCC have decided that our regular Sunday morning service will join the Elsenham Village Hall Service at 10.15am and our regular evening Service Sunday@6 will transfer to OSCA for the duration of the works. Whilst, for Health and Safety reasons, the Church and Churchyard will be closed for this period, our contractor will be sympathetic to the needs of relatives wanting to visit specific graves and the garden of remembrance.

We continue to be very grateful for the support of our neighbours, local businesses and the Parish Council in helping us minimise the impact of the work on the village and look forward to welcoming you all to a special service of thanksgiving when we re-open the church in full. Until then, please contact the Church Office if you have any questions. (see page 19)

Derek Ward (Henham PCC and Project Chair)



Henham Fun Run

Its all over. Cake is eaten, coffee has been drunk, bouncy castle deflated, coconuts won, and all the road signs have gone. The weather was perfect.

The committee are so grateful for all the support, help and encouragement before, during and after the event. It is five years since the last full fun run so it is great to see it back in all its glory. The school field was buzzing with activity, cheers, laughter and maybe a few tears of relief. (The tears were from the committee).

The money has been counted and I am very pleased to say that the run raised $\pounds 2,195$, the fete raised $\pounds 1,422$ giving the school a grand total of $\pounds 3,617$.

Thanks go to the fun run committee, the PTA, the marshals, the land owners and most of all the runners. THANK YOU ALL.

Photos of the event can be viewed on

http://photos.app.goo.gl/hrjaVFyxu2rPv7ZA7

June Brennen



Here are some more memories of the Henham Fun Run Sunday 2nd July









A fantastic effort, Ethymia!!!





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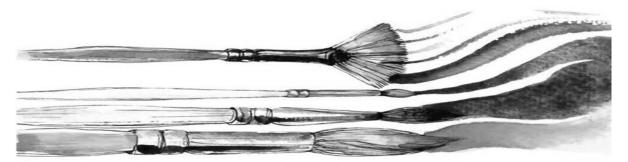
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CALLING ALL ARTISTS in Elsenham, Henham and Ugley



ART SALE in St Mary's Church, Elsenham is back

We are inviting artists from Elsenham, Henham and Ugley to take part in an exhibition of ART for SALE. Artwork must be original and not prints, from cards to paintings (framed or unframed).

What do I need to do?

Open to all painters from novices to accomplished artists. Pitches available are small, medium and large and are the responsibility of the artist to stage and dismantle. Payment for the pitch goes to the Fabric Fund. The artist keeps any proceeds from their art sales.

If you are interested in having a pitch please email artinthechurch@gmail.com or call Elaine Atchison 01279 813755 for more information.

When and where

On Saturday 14th and Sunday 15th October 2023 In St Mary's Church, Elsenham. The exhibition is free and open to the public from 10.30am to 5pm each day. It should be a great weekend, so please come and join us

Refreshments will be available.

St Mary's Church cannot take any liabilities for work displayed. St Mary's Church Fabric Fund - charity no: 1052884







Church Contacts

Telephone Numbers, E-Mail and Web-Site addresses

Vicar	01279 850480	Louis Wilson
		louis.wilson@heuchurch.co.uk
Church Office	01279 814285	Anna Hicks
Church e-mail		office@heuchurch.co.uk
Church web-site		www.heuchurch.co.uk

Enquiries about thanksgivings, baptisms, weddings and funerals should be made in the first instance to Anna Hicks at the Church Office 01279 814285

Church Services and Events

August 2023

Church Services:

Sunday 6th

- 10:15 All Together All Age Service, Elsenham Village Hall
 18:00 Sunday@6, Henham
- Church

Sunday 13th

- 10:30 Joint All Age Service, Henham Church
 18:00 Sunday@6, Henham
- Church

Sunday 20th

- **10:30** Joint All Age Service, Elsenham Church
- **18:00** Sunday@6, Henham Church

Sunday 27th

- 10:30 Joint All Age Service, Ugley Church
 18:00 Sunday@6 Hanham
- **18:00** Sunday@6, Henham Church

Youth groups have now finished for the Summer. They will all return in September

Other regular events

Sunday lunchtime picnics

(all welcome) Bring a packed lunch and folding chair after morning service to:

13th August: 1 Hall Close, Henham, CM22 6AU
20th August: Rowen House, High Street, Elsenham, CM22 6DD
27th August: Orford Hall, Ugley

A chance for fun and fellowship together!

MID-WEEK AND SATURDAY:

Start the Week with Prayer

Church Hall, Henham 9.30am Mondays: 7th, 14th, 21st & 28th

Church Lunch Club

Elsenham Memorial Hall 12:30pm (2nd and 4th **Friday** of the month) 14th & 28th

Afternoon Tea

OSCA, Henham 2.00pm Saturday: 15th



Village Diary Regular Clubs and Meetings in the Village

Monday

-			
9.00 - 10.00	am	Pilates	OSCA
10.00 -12.00	am	Tennis, Rusty Racquets	Henham Courts
3.15 - 4.00	pm	Junior Tennis	Henham Courts
6.30 start	pm	Omega Running/Walking Club	Meet outside The Cock
6.45 - 8.00	pm	Springbok Classes	HUSCH
7.00 - 9.00	pm	Table Tennis Club	OSCA
Tuesday			
9.15 - 11.15	am	Badminton Club	HUSCH
5.30 - 6.15	pm	Street & Com Dance (8 - 10yrs)	OSCA
6.00 - 7.15	pm	Cubs (termtime only)	OSCA
6.15 - 7.20	pm	Street & Com Dance (11yrs+)	OSCA
7.20 - 8.20	pm	Adult Dance	OSCA
Wednesday			
2.00 - 2.45	pm	Junior Tennis	Henham Courts
3.13 - 4.30	pm	Junior Tennis	Henham courts
5.45 - 6.45	pm	Beavers (term time only)	OSCA
7.00 - 9.00	pm	Scouts (term time only)	OSCA
7.00 - 9.00	pm	Badminton Club	HUSCH
Thursday			
9.00 - 10.00	am	Pilates	OSCA
10.00 - 11.00	am	Pilates	OSCA
10.30 - 11.30	am	Little Fishes (term time only)	Church Hall
3.30 - 4.30	pm	Junior Tennis	Henham Courts
7.45 - 9.00	pm	Bell Ringing Practice	Henham Church
Friday			
9.00 -10.30	am	Tennis Ladies 2 nd Team Practice	Henham Courts
5.45 - 6.45	pm	Beavers (term time only)	OSCA
Saturday			
9.00 start	am	Omega Runners	Meet Outside Vision Fitness
9.30 -11.45	am	Junior Tennis	Henham Courts
Sunday			
2.00 - 4.00	pm	Tennis Ladder (matches permitting)	Henham Courts

Details of classes at Vision Fitness Gym, Parsonage Farm, can be found on their website: visionfitnesshenham.co.uk

In the Garden

Hello again Dear Reader.

Yes, it's me again, the Gardening Guru. What wonders do I have in store for you this month? Let us see shall we?

Is it me, or do the weeds seem even more virulent this summer? They also seem to have become more cunning. No sooner do I clear a bed of pesky things than I turn around to find more of the blighters in the bit that I have just weeded. Nonetheless it is a job which needs continual attention.

Another job which gathers momentum at this time of year is deadheading, again an essential task if you wish to maintain a good show of flowers throughout the summer. When you are deadheading, always try to cut back to a leaf joint rather than just nipping off the flower head. This gives a much better chance of new flowers being produced. This applies particularly to roses. If you are growing chrysanthemums and want large blooms rather that sprays of small ones, remove the two side buds on each stem, leaving just the central bud. At the risk of repeating myself, can I remind those of you who have trouble deadheading Dahlias, that the new buds are firm and round, whilst the old ones are soft and pear shaped.

Continuing the Dahlia theme, earwigs can be a real problem at this time of year, causing significant damage to the plants. Here is a good and little-known way to prevent this. Fill an empty flowerpot with grass or straw and place it upside down, near the plant. The earwigs collect in the pot as they hide from the light and the pot can be emptied each day and the earwigs disposed of as you wish. Taller plants will also need to be staked to give them support from the wind.

Continue cutting sweet peas for indoor displays, as the more you cut them, the longer they will continue to flower. If seed pods do appear despite your best efforts, be sure to remove them.

Continue pinching out the side shoots of cordon tomatoes and remove all the leaves below the first truss of tomatoes. This will speed up the ripening process by letting in more light. As soon as tomato plants reach the required height, pinch out the tops to restrict further growth. Once the fruits are starting to increase in size, I shorten the leaves back to 2 or 4 side leaves. This lets more light reach the fruits and further aids ripening.

Finish pruning shrubs which have flowered, such as Escallonia, Lavender, deciduous species of Lonicera (Honeysuckle) and Senecio. Well established

vigorous Wisteria may need cutting back at this time. Take out the tips of young shoots after they have made three or four leaves.

In past years, I have written about the damage caused to lawns by our beloved doggie friends and given advice on how to repair it. This time I am going to give some advice on how the damage may possibly be avoided in the first place. My own dog has been the cause of several patches of dead grass on our lawn, but this year I am trying something new. There is a product available which claims to neutralise the Uric Acid which is the cause of the problem. It consists of a couple of pieces of rock, which you place in the dog's drinking water. I have to say, that so far it seems to be doing the trick. Watch this space.

It seems a shame to start thinking about summer ending but end it will and now is the time to check out the greenhouse and carry out any minor repairs. You can also start planning next year's borders. Perennials planted in the autumn will have plenty of time to establish a good root system, which will in turn produce a stronger plant. Make notes of plants you are not happy with so that you can either remove them completely or move them to another section of the bed or garden. It's also (if you have a memory like mine), a good idea to take photographs of the beds to refer to. When selecting plants, there are several things to consider. Height is one of the main ones and is often not given enough attention. In my mind, there is nothing worse than finding that a beautiful plant you have bought and nurtured ends up being completely hidden by other plants around it. You then have to wait until the end of the summer to re-position it. Colour is another thing, many people (my dear wife included), like to colour co-ordinate their plants, giving great thought to which colours go well together. Although I have no objection whatsoever (are you reading this my dear?) to this method, I prefer to think that if Mother Nature does not give much credence to it why should I? I do agree that if you have a formal garden, colour co-ordination is not only important, but essential. In my cottage garden, however, my philosophy is, "If there is a space, put a plant in it!" Another good idea is to choose plants which look attractive, even after flowering. Good examples of these are Alliums, Phlomis and Physalis. All of these and many others, have attractive seed pods and can still enhance your garden after flowering.

Ah well Dear Reader, I fear the *"little grey cells"* have exhausted themselves and it is time for me to go and lie down in a darkened room, so until next time, Happy Gardening!



Norman Elson

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The Hair Loss Clinic is a company set up to provide information, advice, support and above all solutions for people experiencing hair loss. Not only do we provide realistic and workable solutions to those suffering from hair loss but we are also specialists in after and on-going care for hair loss, giving you the very best support. We can help you through your journey from hair loss through to aftercare if your hair grows back. We provide a personalised service and will recommend the course of treatment or other solutions most appropriate to you.

• We provide information, support and advice about your hair loss and identify the factors you will need to consider when choosing which solution is suitable for you.

• We provide guidance on cutting and styling of your wig or integration piece and advice on what to do when your hair starts growing back.

Monthly Trichologist clinics are held with Eva Proudman, MIT IAT. Eva is widely known both in the UK and Internationally for her work with hair loss, she has appeared on TV many times and supports many major hair companies with her research into hair loss. All consultations are private and last for between 45 minutes and 1 hour, during this time all relevant areas of health, diet, lifestyle, family history, hair care regime will be discussed along with an in depth examination, including the use of a specialist scalp camera to arrive at a diagnosis and treatment plan.

Whatever the cause of your hair loss or the extent of the hair loss, we are here to help you.

The Gardens of Easton Lodge

In August the Gardens are often at their most tranquil, with volunteers and visitors slowing their pace and taking time to relax and enjoy the flowers, butterflies and bees; and taking away garden produce picked that day for a fresh supper! In the Spring and early summer insect numbers have been right down, but we are ever optimistic that, following some rain and with fresh flowers, more will hatch out or cross the Channel – hopefully the first Painted Lady we saw on 6th July was the outrider with more following in its wake! Our kitchen garden vegetables are now growing strongly, so there should be lots available for our visitors.

So what else are we looking forward to?

Open Thursdays through the school holidays are good value for families as there is no entry fee for children under 16 years old and visitors are welcome to bring picnics and dogs on leads. We do also provide homemade cakes and drinks, for those not bringing their own! And visitors can enjoy trying out croquet on the lawn.

And our 20th August Open Day should be great fun. We will have Great Dunmow Rock Choir with us, for the first time since before the covid pandemic! The Rock Choir brand opens up singing to all and I hear can also lead to the opportunity to go with the group to the Edinburgh Fringe and other such festivals. So it is great that the Dunmow choir have found time to come and sing at the Gardens. Our archivists will be focusing on gardeners' stories – from the Countess's day to now. If you have stories to bring us, please do! Tickets will be available in advance through **Trybooking** or on the Gate, with the Gate opening at 11am and last entry will be at 4.pm.

For more information go to www.eastonlodge.co.uk/whats-on.

Jill Goldsmith



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The Hundred Parishes Society

The Hundred Parishes is blessed with an exceptional number of museums, all open at this time of the year.



Saffron Walden Museum was purpose-built in 1835. It displays a real treasure trove of material relating to the local area.

Imperial War Museum, Duxford is enormous, displaying all kinds of wartime material including its own listed buildings from each World War, as well as many aeroplanes, both civilian and military.

Great Dunmow Museum is housed in a former maltings. It encompasses displays about its former function as well as broader elements of Dunmow history.

Forge Museum in Much Hadham includes metal tools from the forge, while its own medieval wall paintings reveal an insight into Tudor fashion. Still in Much Hadham, the hamlet of Perry Green was for many years the home of sculptor Henry Moore. Today, the Henry Moore Studio and gardens includes an extensive outdoor display of his large works and indoor history of his life.

Ashdon Village Museum has an exceptional display of all aspects of local life in the 20th century - and an excellent tea room.

Stansted Mountfitchet has an extensive toy museum within Mountfitchet Castle which is itself a popular destination for children who probably don't realise that this fun place is teaching them a lot about the history of Norman times.

Finchingfield's 15th-century Guildhall incorporates a small collection of local history, presented with help of modern technology.

Great Bardfield has a small Cottage Museum and also a village cage, a former lock up.

Further information for each of these can be found on **www.hundredparishes.org.uk** – either towards the end of the relevant Parish introduction, on What's On, or on the Attractions pages. There, you will also find information about Fry Art Gallery, Linton Zoo, Hinxton Watermill and several windmills. We are, indeed, blessed.

Ken McDonald, Secretary



District Councillors' Report

It has been a busy time following the election. We thought we would give an insight into some of the work we have been doing as Councillors.

Following an election, it is important to attend as many training sessions and information briefings as time allows. Bianca has attended Scrutiny training and has contributed to her first committee meeting.

A snapshot of Petrina's work as Leader so far has included:

- Overseeing all the committee and external body appointments
- Welcoming a new Assistant Director of Housing, Health and Communities - an absolutely key appointment who has got off to a flying start, and who will be a huge part of the solution to all the problems we have had in properly looking after our 2,800 council houses
- Interviewing and offering the job of Head of Legal Services and Monitoring Officer to an experienced enthusiastic candidate
- Overseeing our Draft Corporate Plan, (this sets out our priorities over the next four years) -. making steady progress with our Local Plan still on track to be ready to go out for public consultation this autumn
- Meeting with the Planning Advisory Service Peer Review Team, who came to inspect our Development Management Function and potentially giving us the opportunity to be out of designation
- Continuing with recruitment
- Meeting with Leaders of all other Essex Authorities to discuss our combined response to refugee crisis
- Attending a Multi-agency roadshow in Elsenham

We have both attended our Surgery, meeting residents who attended. We have addressed resident issues within our ward; this has included enforcement issues, airport parking, personal issues, planning issues and chasing Essex County Council. We are delighted to have begun to distribute some of our Ward Initiatives monies and welcome further applications. Please respond to the Local Tax Support Scheme. Do come and meet us at our Surgeries or contact us to discuss anything in this article.

Have a Lovely Summer.

August Surgery will be Thursday 24th August Orwell House Station Rd 6.30pm

Bianca Donald cllrdonald@uttlesford.gov.uk

Petrina Lees cllrlees@uttlesford.gov.uk 01279 816675

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Beat Surgeries at the Village Shop

Below are the dates and times when PCSO Alex Stewart will be at the village shop. Residents are welcome to come along and have a chat with him regarding crime prevention, concerns, local policing and community issues.

August 7th and 17th September 4th and 13th October 18th November 6th and 20th December 11th

10am-11am

Essex Highways Information

To report highway issues on the website go to: **Tell us - Essex County Council** (essexhighways.org)

You can find information about roadworks and can select to check roadworks for the current day as well as checking up to a year in advance: **one.network**

This is the link to the Highways Information Map – within this you can find information on the extent of the public highway and the forward Capital Works Programme and other useful map layers – you can toggle these on or off using the menu on the left hand side of the screen:<u>Highways Information Map | Essex</u> **County Council (essexhighways.org)**

This is the link to the Section 36 List which is a list by District, then by Parish, then alphabetically - which shows the status of all roads, whether they are public highway or private street/roads: Who is responsible for my road? | Essex County Council (essexhighways.org)

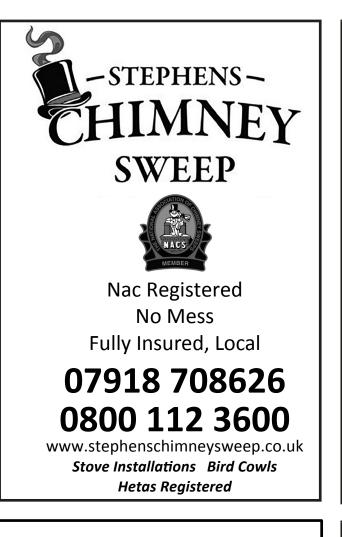
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Henham Tennis Club News



To begin where I left off last month: "Victory belongs to the most tenacious." The Henham Tennis Club Championships took place on a hot and energy sapping humid Saturday at the beginning of July. Five Finals were completed despite a brief interruption for rain in the early afternoon. The most intriguing final happened to be the opener – the Men's Singles – between Isaac Wilson (14 years old) and Shaun Hunt (24), the youngest final in Henham's history. A new champion would be crowned. A large crowd (by Henham's standard) settled down to enjoy what turned out to be a riveting contest.

Isaac & Shaun before the match!



Shaun served first and the shape of things to come was soon apparent as both players were happy to rally, showing patience as they tried to work the openings. Isaac secured an early break before surviving four deuces in his service game, withstanding some pulsating forehand drives from Shaun in the process. The tone of the match was set. Both players were now playing some attractive tennis with commendable length on ever longer rallies. By now it was apparent that it was to become a match between Shaun's attack (his cross court forehand drive was so impressive)

against Isaac's defence which was to prove pivotal. At 3-0 down Shaun started to move to the net more which reaped its reward at this stage as he clawed himself back into the set 3-2. However, Isaac then began to exploit the width of the court more as he continued to defy his age, never panicking as he continually worked the ball back into play countering Shaun's aggression. The crucial game came at 4-2 as Shaun gamely tried to stay in the hunt (no pun intended!); a backhand down the line from Isaac followed by an excellent net shot and an unfortunate unforced error by Shaun led to another break of serve. A routine hold secured the first set to Isaac.

The second set started with Shaun playing some demanding, positive tennis as he manoeuvred Isaac around the court. The rallies continued to be long with both players not giving an inch. Shaun moved into a 0-3 lead but Isaac did not yield to Shaun's onslaught, consistently striking back when it seemed Shaun





had wrestled control. The pendulum started to swing back in his favour. Super defence, moving the ball from corner to corner, plus a few errors creeping into Shaun's game resulted in the set being back on serve, 2-3. However, a rare double fault from Isaac, some ever more ferocious forehands from Shaun and lots of running took its toll as Shaun edged ahead again 2-4. In the next game a sweet backhand to the forehand corner followed by a Shaun double fault closed the gap again 3-4. Signs of fatigue were now inevitable as there were now numerous second serves, frustration crept in from both players but from nowhere Shaun executed a stunning winner after running round his backhand; 3-5. Further draining rallies ended with Isaac's tenacity bringing the scores level; 5-5. Shaun continued to force the pace but after his fourth break point on Shaun's serve Isaac led 6-5. Could Isaac serve out for the match? A net cord induced an error, 15-30. A strong forehand drew Isaac level before a Shaun error gave Isaac match point. There followed a 17 stroke rally with Isaac winning a truly epic battle which will live long in the memory, 6-2, 7-5.

Henham has its youngest ever champion! Not once did Isaac think he would lose. As Iga Swiatek commented at Wimbledon: "You play more fearlessly when you have nothing to lose." The lasting impression from both players is that they demonstrated a real talent and an envious temperament to match. Inevitably there had to be a winner and Shaun's day will come, but this year belonged to Isaac. Both players were a credit to themselves and showed why we all love tennis, and yes victory did belong to the most tenacious....but only by a whisker!

What happened in the other finals? Both the men's and ladies' matches started on time but after one game were forced off court by an untimely shower. After an hour's delay the Men's Doubles Final lived up to expectations and proved to be a tennis feast for the appreciative spectators. The match between last year's winners Phil Holder and Amrik Braico against Shaun Hunt and Lawrence Ward was again a match of fierce forehands, coupled with some impressive volleying. Amrik and Lawrence are two more young generation ever improving players. All four players were strong servers but a rather odd fact emerged at the start. In the first TEN games the FIRST point was won by the receiving pair, in other words the score was 0-15 ten times in succession! A useful fact for a tennis club quiz of the future!! The first set was a ding-dong, tightly fought encounter with Shaun and Lawrence shading it on the tie-break 6-7. The next two sets went to Phil and Amrik who ran out worthy winners 6-7, 6-3, 6-2.

The Ladies Doubles, played at the same time on the adjacent court also featured last year's champions, Fiona Price and Helen Hawker whose opponents this year were Monica Sutherland and Gill Foster. An entertaining match featuring many well fought rallies ended with Fiona and Helen victorious for a second year: 6-3, 6-3.

The Mixed Doubles and the Plate Mixed Doubles finals followed a break for afternoon tea. The main match featured Ali Lafferty who last won this prestigious title (with Sheelagh Swain) 25 years ago! You may well have seen Ali on numerous occasions keeping himself in trim running (or certainly something similar!), crawling through the village in an effort to reach the pub before closing time! Just joking Ali. Ali was partnered by Monica Sutherland as they played against Shaun, in his third final of the day and Ella Duton. Unfortunately, Shaun by this time, not surprisingly was feeling the effects of a 'long hard day at the office'. The unrelenting slice of Ali's backhand, Monica's sturdy defence and fatigue all proved too much as Ali and Monica secured a 6-1, 6-1 victory. Our sympathies lie with Shaun who contributed so wonderfully to the day but went home trophy less! At least he can look forward to next year, and maybe fortune will then be on his side.

On the adjacent court I was thrilled to be accompanying my daughter in the Plate Competition. We were up against Alex and Louisa Layer in a match played in a lovely spirit with some entertaining rallies, impressive volleying...and a few mishits! Nicola and Louisa were playing in their first final and both did themselves proud, especially once they realised that they were actually being watched! Alex and Louisa ran out winners 6-2, 6-3.

To quote Simon, the club chairman: "A lovely day. Well done to all the finalists, umpires (Simon, Dave, Matthew and Charlotte), cake makers (organiser Charlotte), tea makers, washer uppers and supporters." The evening Barbecue "glowed despite the rain" during which the trophies and prizes were awarded. All finalists received a water bottle emblazoned with the Henham Tennis Club logo. Simon and Fiona were thanked for their hospitality in hosting the evening event and stoking the barbecue. Flowers and a bottle of wine were gratefully accepted.

The Summer League matches continue to be played until the end of September and an update on out team's fortunes will come in due course. Looking ahead the winter Pick 'n Mix tournament will be starting at the end of September; a notice will be posted in the clubhouse shortly. Please remember to sign up! Before all that the ladies have not one, but two tennis social events to look forward to. On Friday 14th July there is a tournament and lunch then ten days later (Monday 24 July), there is another tournament and lunch! It just goes to show that you can't have too much of a good thing! No doubt we will hear how the events turned out in due course.

A final thought which just happens to be yet another commentator's slip, this time by Ian Wright, but no doubt echoed by Isaac!

"I owe a lot to my parents, especially my mother and father."

John Smith



Stansted Hall & Elsenham Cricket Club

The 'Ashes' are slipping away. How frustrating. England, after two matches could have been 2-0 up but went agonisingly 0-2 down. A very controversial and exciting series so far. Is cricket the winner though?

The 1st XI has had an excellent first half of the season in the HEBL Premier League. Currently they are 2nd, having won six of the last seven matches. In particular Rory McGurk and Nick Price have been in fine form with the bat and the bowlers have consistently taken wickets. The 2nd XI has done even better in Division 3; they are undefeated and top of the league. Encouragingly this team, led by Andrew Mackenzie, has some very promising youngsters performing well with both bat and ball.

The junior section continues to thrive. The U14's have reached the WEDCB U14 Cup Final which will be played later in the season. All other age groups are enjoying playing matches at both Stansted House and Molehill Green. Our young cricketers are improving all of the time with match practice. A 'cricket camp' is being organised for the school holiday along with the Junior Presentation Day. Winter nets are already being organised by the club coaches.

Finally, all at the club were very saddened to hear of the death of Mrs. Christina Clark who had supported us by kindly allowing the club to play at Elsenham Place for a few seasons.

David Brown

The Village Calendar 2023



Please email: <u>henhamdragon@hotmail.com</u> to let us know about any future events which we might include **or** phone any of the Dragon Editorial Committee, see the Contents page for telephone numbers.

August

Monday 7 th	Beat Surgery	Village Shop 10-11am
Thursday 17	Beat Surgery	Village Shop 10-11am
Saturday 19 th	Afternoon Teas	OSCA 2-4pm
September		
Monday 4 th	Beat Surgery	Village Shop 10-11am
Thursday 7 th	Parish Council Meeting	OSCA 7.30pm
Wednesday 13 th	Beat Surgery	Village Shop 10-11am
Saturday 19 th	Afternoon Teas	OSCA 2-4pm
October		
Saturday 14 th	Art Sale	St Mary's Church Elsenham
Sunday 15 th	Art Sale	10.30am—5pm (both days)
Saturday 14 th	OSCA Quiz	OSCA 7 for 7.30pm
Wednesday 18 th	Beat Surgery	Village Shop 10-11am
Saturday 21 st	Afternoon Teas	OSCA 2-4pm
November		
Monday 6 th &20 th	Beat Surgeries	Village Shop 10-11am
Friday 10 th	Henham Christmas Market	OSCA & Village Hall
December		
Saturday 2 nd	Afternoon Teas	OSCA 2-4pm
Monday 11 th	Beat Surgery	Village Shop 10-11am

Village Defibrillator

Our defibrillator is located by the side, main entrance to OSCA. If you need to use it a code will be issued by the emergency services for its release.





OPENING HOURS

Monday & Tuesday - closed Wednesday and Thursday 12pm to 3pm and 5pm to 11pm Friday & Saturday 12pm to 11pm Sunday - 12pm to 7pm

FOOD SERVED

Wednesday to Saturday - 12pm to 2pm and 6pm to 9pm Sunday - 12pm to 4pm

To book a table email: bookings@thecockinnhenham.co.uk Phone 01279 850347 For information about special events each month please see website: www.thecockinnhenham.co.uk

Facebook page: The Cock Inn Public House, Henham Instagram: cockinnathenham

Refuse & Garden Waste Collections: August 2023

In most of Henham, Brown, Green and Black bins are emptied on Thursdays. However, in a few areas, these bins are emptied on Tuesdays. At present, all Garden waste bins are emptied on the same day as the Green Bin collection.

BROWN BIN: (kitchen leftovers) GREEN BIN: (recyclables) GREEN GARDEN WASTE BLACK BIN: (non-recyclables)

emptied every week

Village Post Office & Shop Opening Hours (01279 850644)			
Post Office: Mond	ays, Wednesday, Fridays	9.00am to 12.00noon	
Shop:	Morning	Afternoon	
Monday to Friday	9.00am to 1.00pm	2.00pm to 4.30pm	
Saturday	9.00am to 1.00pm	Closed	
Sunday	9.30am to 12.30pm	Closed	

Miranda Roberts is the Editor for the September 2023 Edition

The DEADLINE for submitting copy is Saturday 12th August Please send your contributions by email to henhamdragon@hotmail.com. Editorial Policy is to use Times New Roman, font size of 14 points, on A4 paper with left and right margins of 2.5cm (1"). Different fonts and sizes may be changed. The Dragon reserves the right to edit contributions and does not take responsibility for the information given or the views expressed in The Dragon, nor is any liability accepted for work undertaken by the advertisers.

Advertising

Our annual advertising year runs from April to May. *Rates for one-off advertisements* are as follows:

Full page £60.00Half Page £30.00Quarter Page £20.00Small ads, (non commercial), placed by village residents £5.00.

Village functions and charity fund raising events are advertised free but we would invite large fundraising events to make a small donation to help with our printing costs.

To advertise or for more information please contact **Sheena Bigland** on 01279 850373 or **Jan King** on 01279 850001

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