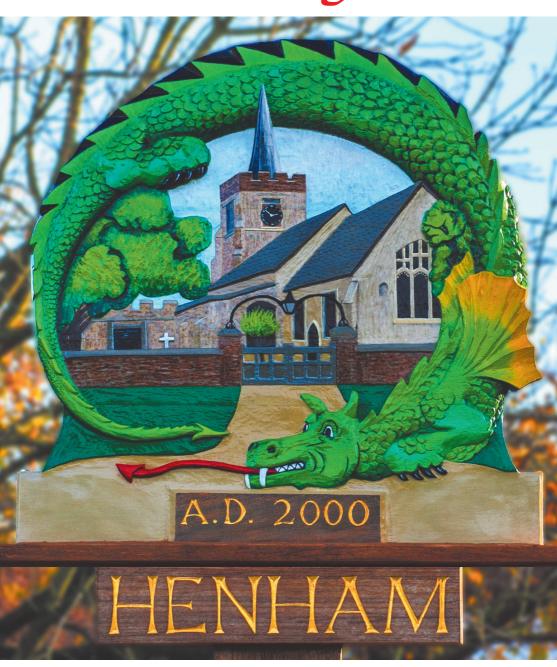
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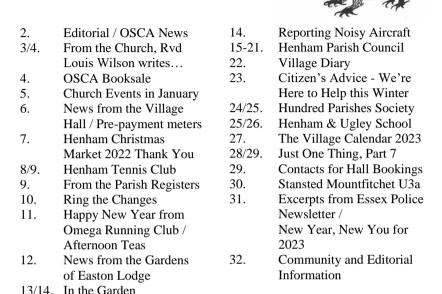






## **January 2023 Dragon**

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## The Dragon Editorial Team

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## **Editorial**

Well that's another year gone! With the festivities over and plans being made for the year ahead we have a new calendar to fill. The dates for the Afternoon Teas are already in the calendar for the year ahead, as well as the OSCA Booksale and Tennis events. Do let the Dragon Team know if you would like your events to be noted too.

As I looked out of my window this morning I saw this winter's first snow covering the garden. After the record-breaking temperatures of last summer we now brace ourselves for a long spell of bitterly cold weather. The Citizens Advice can signpost you for help and support. Be safe, and try to keep warm.

The Dragon will be receiving an Uttlesford Community Award on 5<sup>th</sup> January, 2023. We, the Editorial committee are tremendously proud of receiving such an accolade. The work put in by the team for the preparation of each month's magazine is completely voluntary. The task for the editors is not always easy as the articles often need re-formatting, and fitting in within the limited space. A lot of jiggling about is often required to make everything fit and flow well. We are very grateful for your articles. To ensure that we continue to provide this valued quality service for our community we respectfully request that your submissions are sent well within the deadline date given. Although the deadline for submissions for this January edition had been brought forward to the 9<sup>th</sup> December (as the printers for the magazine were closing over Christmas), we are now back to the deadline date of 12<sup>th</sup> January for the February edition.

With best wishes for 2023 from the Dragon Editorial Committee.

### Pushpa Mistry

## **OSCA** News - Parking in OSCA

Please note that the Car Park at OSCA is private property. Its use is for patrons who have hired the building for an event. Any other parking requires permission and authorisation from the OSCA Committee and is at their discretion.

We have been very distressed by people thinking it is their right to park there just because they live nearby. In one circumstance someone even included in the details of their house sale that there was adequate parking available in OSCA.

This is clearly not the case, and we would ask you to recognise the situation as it is unfair to people paying to hire the property.

#### **OSCA** Committee.





## From the Church

#### Reverend Louis Wilson writes...

As we begin this new year, how would you finish this sentence:



I would be content if only I had....

What would you say? Would it be a bit more money, a bit more love, or a bit more success? Would you say if only I had better health, a bigger house or better relationships?

Most of us tend to believe that the secret of contentment is in changing my circumstances. Tweak this, a tad more of that, then I'll be happy. But how much is enough?

How much more approval or power or comfort do we need before we finally feel content? And what does it mean to be content anyway? Does it mean that you're always laughing and smiling? Is that what true contentment looks like?

Not necessarily. There's a story told of a very depressed man who went to the doctor about his health.

It was in the days before social media or even radio, so the doctor told him to keep up his spirits by going to hear the greatest comic actor of the day.

"Go and hear Mr. Matthews", said the doctor, "Mr. Matthews will make you well."

"Alas", said the man, "I am that Mr. Matthews!"

Sadly, appearances can be deceptive.

So how do you find contentment or happiness. Where does it lie? In Philippians 4: 11-12, the apostle Paul says he has learned that real contentment has nothing to do with how much you have or don't have.

He says: I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation.

What is the secret? Paul makes clear that true contentment has to be found in something more than this world can offer. The truth is that every single thing this world can give you is inherently unstable, inherently uncertain, and very liable to change. So JC Ryle, the 19<sup>th</sup> century Bishop of Liverpool wrote this: *All the good things that money can buy are only momentary: they either leave us or we are obliged to leave them.* 

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Paul, in Philippians, goes on to say: I can do all this (I can know contentment in all circumstances) through him who gives me strength.

He's saying, I can only know really deep and lasting contentment when I find it in Christ. That is the secret of real joy. It's learning to treasure Christ above all things. As many Christians through the ages have found, that is something which is solid and unchangeable. It cannot spoil or be taken. It does not depend on my circumstances.

As we all face the challenges of a new year, I do wish you every happiness and humbly encourage you to look for it where you may never have looked before.

With best wishes,

#### Louis

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## **Church Events in January 2023**

#### **Church Services**

Sunday 1st January

10:30 All Together All Age Service,

Ugley Church

Sunday 8th January

10:15 All Together Family Service,

Elsenham Village Hall

18:00 Sunday@6, Henham Church

Sunday 15th January

08:45 Prayer Book Communion,

Elsenham Church

10:00 Morning Service, Ugley Church

10:15 Communion Service,

Elsenham Village Hall

11:15 Morning Service,

Henham Church

18:00 Sunday@6, Henham Church

Sunday 22<sup>nd</sup> January

08:45 Morning Prayer,

Elsenham Church

10:00 Prayer Book Communion,

Ugley Church

10:15 Morning Service,

Elsenham Village Hall

11:15 Communion Service,

Henham Church

18:00 Sunday@6, Henham Church

Sunday 29th January

08:45 Morning Prayer,

Elsenham Church

10:00 Morning Service, Ugley Church

10:15 Morning Service,

Elsenham Village Hall

11:15 Morning Service,

Henham Church

18:00 Sunday@6, Henham Church

# Join us for a new monthly Family Service for all ages

at 10:15am at Elsenham Village Hall, starting Sunday 8th January And from February onwards, on the

1st Sunday of every month.

#### **Other Regular Events**

SUNDAYS:

St Peter's Junior Church

St Peter's, Ugley 10.00am

Sundays: 15th, 22nd & 20th

Elsenham Sunday Club/Explorers

(Y1-Y6) Old Franks, Elsenham

10.15am Sundays: 8th, 15th, 22nd & 29th

Henham Sunday Club/Explorers

(Reception-Y5) Church Hall, Henham

**11.00am** Sundays: 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup>

Pathfinders (Y6-Y9)

St Mary's, Henham 6.00pm - leave from

service to meet in OSCA

Sundays: 8th, 15th, 22nd & 29th

Crammin' (Y10-Y13)

St Mary's, Henham 6.00pm followed by 7.00pm at The Church Hall, Henham

Sundays: 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup>

MID-WEEK AND SATURDAY:

Start the Week with Prayer

Church Hall, Henham 9.30am

Mondays: 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup>

Seekers After School Bible Club

(Y3-Y4) Old Frank's 3.20pm Mondays:

16th, 23rd & 30th

**Christian Play (Y1-Y2)** 

Rowan House, Elsenham 3.15pm

Tuesdays: 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup>

**Little Fishes Pre-School Group** 

Church Hall, Henham 10,15am

Thursdays: 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>

**Little Fishes Pre-School Group** 

Elsenham Memorial Hall 10.00am

Fridays: 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup>

Church Lunch Club

Elsenham Memorial Hall 12.30pm

Fridays: (2<sup>nd</sup> & 4<sup>th</sup> Friday of the month):

13th & 27th

Afternoon Tea

OSCA, Henham 2.00pm

Saturday: 21st

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## **News from the Village Hall**

As I write this we are building up to Christmas in the village, the tree outside OSCA is twinkling and the hall is hosting various festive events.

We now have super new windows at the front of the hall as well as two new sets of fire doors. We have stopped taking bookings and the renovations are due to start in earnest in January. When finished the hall will boast a new floor, improved storage and a cleaner energy system to heat and cool. New lights will show all this off to full effect!

Just this week we have learned of another successful grant application so new chairs and tables can also be added our ever growing list of improvements.

We recently held our second jumble sale of the year which raised just shy of £900. As always we are grateful to all the members of the village who step in and help at these events.

Next year should be an exciting one for the hall as we launch our new online booking system and our very own website (henhamvillagehall.co.uk). Should you want to get involved we would love you on our small but busy committee, please contact Justin on 07947 742043 or our Treasurer Jane on 07752 321094.

#### Jenny Kodesh

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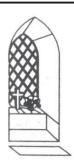


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## **Henham Christmas Market 2022**

Our first Christmas Market since 2019 was a cracker! Bowel Cancer UK was our charity this year. We raised the magnificent figure of £5020.00 with 43 stalls and 714 paid visitors.

We have many people to thank. Thank you to our sponsor Intercounty Estate Agents and their staff who helped on the day and thank you for the financial donations from Mr and Mrs J Leech & Mr and Mrs M Cuthbertson enabling us to pre-purchase all of the drinks. Thank you to Jane Smith who donated back the £100 prize she won on the raffle & to Mr and Mrs C Mowbray who made a donation after a great day selling.

Thank you to everyone who donated to our raffle:

Jo Mowbray Nails, The Cock Inn, Daisy May's Farm, Vision Fitness, Alsa Wood Farm, Lessonflix Ltd, Elevated Beauty, Lino Thomas, Zoe Dee Hair & Beauty, Golf World Stansted, Chapel End Nursery, Tesco Express Elsenham, Tesco Bishop's Stortford & Waitrose Bishop's Stortford.

Thank you for letting us borrow and trusting us with your gazebos and tables. Thank you to the church hall too for lending your tables. Thank you to all our volunteers who help us every year. Thank you to Wendy Seagar who made a huge amount of beautiful cakes for us to sell and to Sarah Cousins who worked in the Village Hall kitchen for hours. Thank you to Sharon Townsend who travelled from Kent for the day and worked on the door at the village hall to help support us and catch up with old friends. Thank you to the sellers and buyers of raffle tickets, if you came to support us and if you were a stall holder.

Thank you to Elsenham Community Choir for their beautiful singing and thank you to the crew at Stansted Fire Station for coming and allowing the little ones on the Fire Engine.

Thank you to everyone else who I haven't mentioned and lastly to the wonderful organising team I joined this year. I had stage III colon cancer diagnosed during lockdown which involved surgery and then 12 horrible infusions of chemotherapy over 6 months. I am currently clear of cancer and I am so glad Bowel Cancer UK was chosen as our charity this year. Thank you to all our families for all your help too but mostly to the extremely generous team of Johanna Pope, Lara Laycock & Anna Sedgbeer.

The 2023 date for your diary is Friday 10th November. See you there!

#### **Annie Jenkins**

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## **Henham Tennis Club**

December saw the club's first Christmas and festive season dinner for three years. Mel Pimblett and her team at the Cock did us proud and it was a delight to pull crackers again as a club. John Smith and Lindsay Lane were toasted on their retirement as team captains after many years of service and Phil Holder and Charlotte Balls thanked for stepping into their shoes. Brian Brooks received a special mention for all he does for the club, large and small.

As for the tennis, well the dog days of winter are here. A pale low sun in the south, short days, cold hands and frosting. In such conditions, the hardy winter player must adapt to survive; here is our guide to winter performance.

First, dress for success. Also a handy tip for life in general. You need to keep warm. Layers are good and perhaps compression pants as a base layer. Armless gilets free arm movement; sunglasses soften the glare of the winter sun; gloves and hats become essentials. Research shows 40% of heat is lost from the head, more if you chat a lot. This means that some of our regular weekly groups are at particularly high risk.

Secondly, warm up and stretch. A controversial subject occasioning different approaches. There is the Brian Brooks school, focusing solely on mental preparation and the words "I'm ready", but for most of us a short 5 minute aerobic warming exercise, followed by stretching, is vital for cold muscles.

Thirdly, stay fuelled and hydrated. Just because it is winter don't drink less water. Fluid is as important as calories in retaining temperature. The men's seniors group has spent years developing a revitalising post session "nutribomb" supplement comprising crisps, chips and Doombar. Not for everyone perhaps, but an illustration of what can be achieved.

Fourthly, adjust your tennis gear. Using your normal racket won't work in winter (for some of our members it might be ungenerously said this is a year round problem). Ideally in winter you would string your racket at a lower tension, because the cold stiffens strings and reduces their sling shot effect and consequently power. Not many of us will make this change, but it is something to consider.

Fifthly, adjust your shots. The cold affects not only strings but the pressure of tennis balls, and in winter they bounce lower and fly through the air slower. Top spin leaps less, slice stays down. You need to be more aggressive, get lower, hit harder and play more in the forecourt. When in doubt go forward and attack that net.

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Lilac Cottage, Henham Road, Elsenham, Nr Bishop's Stortford, Herts. CM22 6DH Lastly, if all else fails, don't just attack that net but lower it. This is radical, effective and works all year round.

Following these tips will optimise your opportunity for success this winter. Talking of success also brings to mind the fact that Britain has its fourth no.1 of the men's open professional tennis game, with Neal Skupski finishing 2022 ranked number 1 in doubles, joining previous British holders of that accolade, Andy Murray (singles), Jamie Murray and Joe Salisbury (doubles). Congratulations Neal.

One reminder, our annual quiz night takes place on the evening of Saturday 28<sup>th</sup> January in OSCA. Contact <a href="mailto:simonlprice@btinternet.com">simonlprice@btinternet.com</a>. We wish you all a very happy and healthy New Year and end 2022 with the words of a great Wimbledon champion "I love winning, I can take losing, but most of all I love to be in court (surely "on court" ed.) (B. Becker HMP Huntercombe).

John Smith will return in the New Year. With best wishes, Simon Price

## From The Parish Registers

#### **Funerals:**

- Service of Thanksgiving on 29<sup>th</sup> November 2022 at Henham Church, followed by a Burial in Henham Village Cemetery, Daphne Joyce Thorn, aged 87 years, formerly of Chickney Road, Henham.
- Service of Thanksgiving on 7<sup>th</sup> December 2022 at Cam Valley Crematorium, Great Chesterford, Anne Ward, aged 94 years, formerly of Mountfitchet House Care Home, Stansted.

Church Contact Information				
Vicar	01279 850480	Rev. Louis Wilson		
	louis.wilson@heuchurch.co.uk			
Church Office	01279 814285	Anna Hicks		
Church e-mail	office@heuchurch.co.uk			
Church web-site	www.heuchurch.co.uk			

Enquiries about thanksgivings, baptisms, weddings and funerals should be made in the first instance to Anna Hicks at the Church Office 01279 814285.

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## **Ring The Changes**

## Watch bellringing at Henham on Celebrity Antiques Road Trip

St Mary's Church in Henham, bellringing and Henham bellringers all featured, albeit briefly, in a recent episode of Celebrity Antiques Road Trip.

I was ready to write all about it for *The Dragon* back in October when reality TV star Megan McKenna and antiques expert Steven Moore arrived in the village with film crew and fancy sports car (on a trailer). Sadly, I had to wait as all involved had to promise not to tell anyone anything until after the programme was broadcast. At the time of writing this is expected to be Thursday 22<sup>nd</sup> December.

I'd like to report on all the drama, thrill and excitement but the day of filming was lovely and sunny and, for the time of year, exceptionally mild and the whole process was all very low key, calm and organised. Everything went as planned with no theatrics at all. Possibly, if tea and coffee had not been on hand there might have been.

Luckily, for me, The North West Essex Association of Ringers had persuaded David Sparling, a very experienced ringer, to take the lead on the bellringing front so I was not called upon to do other than liaise with newly arrived Vicar, Reverend Louis Wilson, to get formal approval for filming in the church and rustle up a band willing to be filmed while ringing. In addition to David and me, the following ringers all helped out on the day: Glenn Brennan, June Brennan, Isobel Brooks and Lynn Hodgson from Henham Tower, and Peter Smith, Charlotte Parsons and Trevor Haynes from different home Towers in Essex.

David spoke eloquently about bellringing history and traditions and his expert teaching saw Megan and Steven come through their individual "have-a-go" sessions with flying colours. Indeed, they mastered the first stage of learning to ring with such ease that each, in turn, also managed with David's expert support, to ring rounds with the ringing band. Quite an achievement.

The TV people all had lunch at The Cock and later in the afternoon Megan and Steven were filmed driving in and around Henham in the fancy classic car before everyone left for Sawbridgeworth - the next stop on their road trip.

While much of what was filmed will probably end up on the cutting room floor I am hopeful that it will be a fun watch and if it should spark your interest in learning to ring – please contact me.

Sheena Bigland (01279 850373)



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# Happy New Year from Omega Running Club



Now is an excellent time to dust off the running shoes, don a couple of layers of lycra, dig out a beanie hat and warm gloves then join us to run around our beautiful village.

There is nothing like running outside on a frosty morning, the hedgerows sparkle with frost, the sun tries hard to break through, the mist is gently rising off the ground. After 5k you feel, elated, satisfied, fitter and virtuous.

The Omega runners meet as a group every Saturday morning, at 9.00 outside **Vision Fitness**. When the fields are wet and muddy, we have a 5k run on tracks and tarmac that keeps feet relatively dry. When the ground is suitable, we follow a cross country route.

Both routes can easily be adapted for beginners working up to 5k.

If you are new to Henham or to running don't let that put you off, ring one of the numbers below and we will pair you up with someone for your first run/walk.

When the clocks change and the evenings are longer, we will re-start the Monday evening runs, these start from The Cock and vary in length from 2.5k to about 12k by the end of the season.

All abilities are welcome, children must be accompanied by an adult (who can keep up). Dogs welcome, for parts of the course they may need to be on a short lead. There is no charge to join the group, it is just a group of friends running together at their own risk, having fun, attempting to keep fit, while enjoying fresh air and exploring the countryside.

**June** 07749858353, **Glenn** 01279 850114

## **Afternoon Teas**

## OSCA 2pm - 4pm, Saturday 21st January.

If you live alone or spend a lot of time alone, please join us at the Afternoon Teas, for tea, sandwiches, homemade cakes and scones. Followed by a short Christian message.

All are most welcome. Please contact either Annabel Cottam 850257 or Olive Leader 850102 if you would like to join us for the first time.



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## **News From The Gardens Of Easton Lodge**

And so we start a new year and look forward to what it might bring. Of course it will start with snowdrops and aconites, which in January should be showing but not flowering fully until February, when we will open our Gate to visitors again. Hopefully it will be a spectacular start to a good year, as we have spread the snowdrops to more parts of the Gardens and planted lots of aconite bulbs.

After a wet November and cold December, we managed to collect the leaves for leafmold and made a good start to our winter tree planting and pruning. In January we will be wrapped up well and hoping that the sun shines on our main volunteering days on Thursdays and Saturdays. Fortunately we will be doing some big physical jobs which will also help us keep warm, including moving barrowloads of mulch and manure and digging out unwanted shrubs that keep on taking over the edges of the Gardens.



Another of our key tasks for January will be to advertise for more Trustees and more catering and gardening volunteers. We have a fantastic team and achieve a huge amount. To be able to look forward with confidence we would like to expand our team. There is information about us and Trustee and volunteer roles on our website <a href="www.eastonlodge.co.uk">www.eastonlodge.co.uk</a>. So, if you are looking for a new challenge for the new year, why not get in touch?

I will also be updating our website, so you will be able to see what's on at the Gardens through the coming season. We will be having some new themes and activities for our Sunday Open Days. Our visitors enjoy seeing and learning about local crafts and we have space for a variety of stalls, so do contact us if you are interested in a pitch.

#### Jill Goldsmith

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References, Registration Docs and License Numbers Available upon request.



## In the Garden

Greetings Dear Reader and a Happy New Year to you and yours. Well, here we are at the beginning of another year and who knows what this one holds? If we believe what we hear and read in the news, it's not very encouraging is it? Still, we can always cast our thoughts forward to the spring and look forward to the garden bursting into life.

January is normally a quiet month in the garden, but there are still things that can be done. This is a good time to have your lawnmower serviced, as if you wait until spring, the turnaround time could be 8 or 9 weeks. Another important job is to order your seeds for next year if you haven't already done so. I prefer to order seeds from catalogues rather than buy them in shops, as you will find a greater variety and more unusual ones. Growing your own plants from seed is not only cheap, but also extremely satisfying and is often the only way to get some of the more unusual plants.

Starting off seeds indoors, or in a heated greenhouse or propagator gives you a head start on the season, but it is important to choose the right seeds. Check the information on the seed packet carefully, as this is usually a pretty reliable guide. As a rough guide, only half-hardy annuals should be sown this early, as they need a long development period. This includes plants such as Antirrhinums, Carnations, Lobelia and Sweet Peas if these were not started earlier. If you can't maintain a temperature of about 15°C (59°F) it is better to wait a month until the sun's heat will supplement the warmth. If you grow tomatoes, these are an excellent candidate for starting off early and getting a head start. Seeds need two things to get them started, moisture and warmth, preferably bottom heat of some kind. If you don't have a greenhouse or a heated propagator, try using an airing cupboard, or the top of a gas boiler, using a thick layer of newspaper as insulation.

If you are overwintering plants in the greenhouse, keep watering to a minimum, particularly with pelargoniums. You should also remove dead and dying leaves from these to prevent mildew. It is important to try to ventilate the greenhouse on fine days to give your plants some fresh air. Open the doors for a couple of hours in late morning, but be sure to close them again in mid-afternoon to warm up again. If you use paraffin heaters to warm the greenhouse, it is a good idea to ensure there is some ventilation to let the fumes escape. An easy way to do this is to place a pencil or thin piece of wood under the roof ventilator to stop it closing completely, as the fumes can be harmful to plants.

If you have a pond, it is important to stop it freezing over, particularly if you have fish. Even without fish it is important, as oxygen starvation can be detrimental to all sorts of pond life, including plants. An easy way to make sure your pond is oxygenated is to float a plastic football on the surface. If the pond freezes, remove



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Office: 01279 814296 Mobile: 07714 300920 Email: camwoodhome@outlook.com the ball and you will have an ice-free circle. If you forget to do this and your pond freezes over make sure to break the ice as soon as possible. Take great care when doing this and use a little boiling water rather thann a hammer, as the shock waves caused by hammer blows can kill the fish.

Make sure you keep bird feeders topped up, particularly in really cold spells. Birds expend most of their energy looking for food, so if they know there is a regular source close by, it helps them tremendously. It is also very important to make sure they have clean drinking water to hand, so make sure you keep bird baths clean and topped up.

Wisterias can be pruned now by cutting back young shoots to within three inches of the old wood. You can also cut out dead and diseased branches from most other established shrubs. If you leave your chrysanthemums in the ground through the winter, it is a good idea to prevent waterlogging by piercing the ground around the plant with a garden fork,

Apple and Pear trees can still be pruned and if you have not done so already, wrap grease bands around the trunk to prevent earwigs climbing the trees.

Now it's time for another of my "little known" tips.

Ladybirds are one of the garden's most useful predatory insects and will happily feed for hours on troublesome greenfly. To encourage Ladybirds to stay in your garden until early spring, you need to provide them with a safe haven in which to overwinter. The cheapest and easiest way to do this is to get an old egg box, open it up and place it upside down into a hedge, under a shed, or somewhere else where it will stay dry and undisturbed through the winter months. The ladybirds will find the egg compartments warm, dry and a safe refuge from predators.

Well Dear Reader, I think that's about it for this month. I hope that the year ahead is happy, healthy and above all, peaceful, so until next time, Happy Gardening.

#### Norman Elson

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## **Henham Parish Council**

Edited minutes from meeting on Thursday 1 December 2022

#### **Reports and Recommendations**

- (i) Greens and Village Estate Cllr. Baker:
- (a) Greens damage (1) Erosion General greens erosion in the village causing other potholes. Cllr Leech previously presented a comprehensive document with supportive photographs and examples of honeycomb matting. It was previously agreed that the Chair and Cllr Leech would review greens damage in the Spring.
- (b) Gravelling over and parking on Greens at Bell Cottage, High Street As agreed at last month's meeting, the Chair has posted a second letter to the resident in the hope that an amicable resolution can be met without having to resort to expensive legal proceedings unfortunately there still has been no response. The PCSO has also confirmed he will endeavour again to try and speak with the resident which he legally has to do together with an officer. So far he has not been able to make any contact. Legal advice on next steps has been circulated to all Cllrs prior to this meeting. Following a discussion, it was agreed the Chair would ask our solicitors to send another letter to the resident requesting restoration of the greens.
- (c) Crow Street Greens damage The Chair has written to the owners of a lorry company whose driver caused damage to the greens. A representative of the company conducted a site visit on 23/11/22 to inspect the damage, they have agreed to compensate the Parish Council for the repairs. Repairs now completed. Company was excellent to deal with.

Village ponds – Our Ecologist previously gave a short presentation about the Farming & Wildlife Advisory Group who have written to the Parish Council about a funded pond conservation project they are delivering on behalf of Natural England. The Chair and our ecologist met with a representative of FWAG on 22/11/22 and conducted a site visit of our village ponds. Our ecologist circulated an update to all Cllrs prior to this meeting. FWAG cannot assist with the village ponds as they are either too small or are roadside ponds. There may be scope for a new pond at Hill Top Wood or in the corner of Pledgdon Green, but these would be subject to strict criteria. Our ecologist is awaiting confirmation from FWAG whether either site would qualify for funding. They advised the Crow Street pond should be reviewed in June next year.

**Village Hall** – Update from Cllr Fisher. Deposit cheques for the refurbishment works have been issued by the clerk. Works have commenced and the village hall will be closed from January 2023 onwards. It is hoped the works will be completed by May 2023.

**PCSO** – planned review meeting has been postponed. New date to be confirmed.

**Speedwatch** –Cllr Franklin who attended the UDC speedwatch presentation last month circulated a note to Cllrs prior to this meeting. Cllr Franklin is still endeavouring to obtain speedwatch patrols along OMR, however, he has been advised by Essex Highways that this is not possible due to safety concerns. Essex Highways have also advised against using cardboard cut-out police officers as requested by the speedwatch team. The PCSO provided an update regarding his efforts to obtain the use of a True Cam speedgun which has anti-glare and licence reading abilities and in respect of which fines can be issued to drivers.

Management of Pledgdon Green – (a)There is a bough overhanging a resident property which needs cutting back. Resident is obtaining quotes. Cllr Rutterford continues to liaise with County Cllr Gooding and the Essex Records Office to establish who has responsibilities and ownership of the common land, with the parish council seeking legal advice if necessary. Cllr Rutterford is still awaiting details from the case worker at ECC and continues to chase for updates. (b) Cllr Rutterford is awaiting a quote for hedge-cutting the road-side hedges along Pledgdon Green lane/Brick End Road for approval by Cllrs.

**Christmas Tree** – The Parish Council thanks the volunteers with their assistance with installing the village tree.

**Uttlesford Community Award** – The Parish Council nominated the Dragon Team for this award and are delighted to confirm that the nomination was successful. The award will be presented to the team on 5 January 2023 by the Chairman of the UDC in the Council Chambers in Saffron Walden.

**Coronation Event** – Cllrs are asked to consider whether the Parish Council should host an event at the village hall to commemorate the Coronation of the King. There will be an additional bank holiday on Monday 8<sup>th</sup> May 2023. Following a discussion, it would agreed that Cllr Lee would look into an event based around the re-opening of the village hall and liaise with the fete committee.

**Neighbourhood Plan** – Chair has previously circulated to Cllrs his note from the Local Parish Council Liaison Meeting which he attended on 7/11/22. Following a discussion, it was agreed that although having a neighbourhood plan can add weight in planning decisions, they are extremely costly and time consuming to implement and HPC would at this stage rather monitor how the neighbourhood plan is proceeding in Elsenham over the coming months before making any decision.

**Website** – The clerk has previously advised Cllrs that the website is not compliant and is unsupported by the IT company and needs replacing. A briefing note with three quotes obtained by Cllr Lee for Cllrs to review was circulated by the Clerk prior to this meeting. Cllr Lee updated Cllrs on the merits of each quote and recommended proceeding with the specialist IT company for parish councils which set up the website for Elsenham, with an initial set up cost of £600 plus £330 annual hosting fee. Cllr Lee proposed he enters into negotiations in the new year with this company with a view to setting up a new compliant website for the Parish Council. Seconded by Cllr LeCount, approved nem con.

#### (ii) Finance

Receipts					
From Whom	<u>Description</u>			<u>Amount</u>	
				*	
To Whom	Description	Amount	<u>VAT</u>	<u>Total</u>	
(Invoice no.)					
M Dacey	Clerk's salary (October)	£419.89	£0.0	£419.89	
Ricki Shelsher (1039)	Village Window and Signs Cleaning	£50.00	£0.0	£50.00	
CZ Design & Print (97195)	Bloor flyers	£40.00	£0.0	£40.00	
Popcorn Web Design Ltd (POP 6746)	Website Annual Hosting fee	£165.00	£33.00	£198.00	
Paul Mower	Village gardening Jun- Nov 22	£320.00	£0.0	£320.00	
Blackout Electrical	Initial deposit Village hall electrical works – system 1	£6595.00	£0.0	£6595.00	
Blackout Electrical	Initial deposit Village hall electrical works – system 2	£795.00	£0.0	£795.00	

UKI Flooring Services Ltd (UKI/4755R/jsb)	Initial deposit village hall floor	£4,282.84	£1070.72	£5353.56
Abacus AC Solutions Ltd (13481)	Initial deposit hall village air conditioning	£7996.80	£1999.20	£9996.00
Abacus AC Solutions Ltd (13482)	Initial deposit village hall air con control	£614.40	£153.60	£768.00
Mr David Honour (1204)	Initial deposit village hall storage area replacement	£6336.00	£1585.00	£7920.00
Mr David Honour (1204)	Initial deposit village hall carpentry works	£2342.40	£585.60	£2928.00
Mr David Honour (1205)	Initial deposit Village Hall ceiling works	£4992.00	£1248.00	£6240.00

**Treasury Management Investment Policy and Strategy 2023/24 – Cllr Fisher** Presentation given by Cllr Fisher for the 23/24 strategy. Cllr Fisher will continue to review this over the coming months and is seeking clarification regarding changes to the Financial Services Compensation Scheme.

2023-2024 Draft Budget/Expenditure Forecast and Precept discussion for setting of Precept – deadline 20 January 2023. The Clerk distributed a draft budget and draft expenditure forecast to all councillors for their appraisal during November 2022. Councillors were previously advised by the clerk to consider the draft expenditure forecast for Henham for the 2022-2023 period and this would help them arrive at an income requirement for the coming financial year. Having increased the precept for the past two years the Chair proposed holding the precept at its current level (£41,140) as the Parish Council is well aware of the cost of living crisis and do not wish to add any additional fiscal burden to our residents, seconded by Cllr Rutterford and approved nem con.

### (iii) Planning and Developments -

 UTT/22/2752/FUL – proposed new access for farm vehicles, Land South Of Henham Road Elsenham. The Planning Sub committee has submitted an objection.



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• UTT/22/2778/FUL – proposed erection of 1 no. detached 4 bedroom dwelling, Four Winds Old Mead Lane. The Planning Sub committee has submitted an objection. Application since withdrawn.

<u>Breaches</u>: Continuing breaches at Cedar Cottage- nothing new to report. <u>UTT/22/2838/HHF</u> – proposed Replacement roof, replacement fenestration and minor alterations to existing outbuilding, Cedar Cottage Crow Street - HPC have registered their continued objection on the basis that the existing structure is illegal and under enforcement proceedings and the proposals increase the roof height.

#### Appeals:

APP/C1570/W/22/3300023 - UTT/21/0247/OP - Outline application with all matters reserved except access, layout and scale for the demolition of two existing buildings and erection of 3 new buildings, together with creation of a Craft Hub and re-formation of existing parking areas with associated landscaping, The Rise Brick End. Hearing took place on 11 October 2022. The issue of the appellant's representative using unseen evidence at the appeal hearing was followed up by Cllr Rutterford who heard back from PINS (the Planning Inspectorate). PINS confirmed that they have accepted Cllr Rutterford's correspondence/our ecologist's remarks on the 'new evidence' and have gone to the appellants for final comments. However, the Parish Council is very disappointed to note the APPEAL was ALLOWED on 21/11/22.

#### **Developments:**

Mill Road Development: Nothing to report.

Bloor Homes – Town and Country Planning Act 1990 (Section 62A Applications) - Outline Planning Application with all matters Reserved except for the Primary means of access for the development of up to 200 residential dwellings along with landscaping, public open space and associated infrastructure works at Land East of Station Road, Elsenham. The Chair has written the planning inspector regarding the non-disclosure of the evidence given by Essex Highways to the UDC Local Plan Team, as the Parish Council was not provided with this evidence under our FOI requests and has requested that the inspector gains sight of these documents as part of his/her appraisal of the traffic situation. The Parish Council thanks all residents for their excellent response in objecting to this application. PINS hearing scheduled for 12 December 2022. Cllr LeCount and our professional team are lined up to speak at the hearing.

#### **Decisions**:

### (iv) Highways –

North Hall Road: The road was re-opened 19/11/22. There has already been an accident within 24 hours of the road reopening. The Parish Council is concerned

about speeding. County Cllr Gooding confirmed that he has requested for the overgrown hedging to be cut back and muddy sections of the road cleared. It was noted that unfortunately (and unsurprisingly) the temporary repairs to the verges along the former diversion road by Patmore End have resulted in mud being spread along the road.

An enforcement file has been opened ENF/21/0204/C regarding the application for a residential site application on North Hall Road. A new enforcement officer has been appointed by UDC.

<u>Hall Road, Henham</u>: Following a further LHP meeting on 24/10/22 the signage will be installed during the 4<sup>th</sup> quarter of the current financial year.

OMR-OML road signs – Faded road markings are in the schedule for the current financial year and will be carried out when the weather is less wet. As regards the footpath signage, County Cllr Gooding confirmed that he is looking into obtaining funding for this and will continue to liaise with Cllr Franklin.

Mill Road/School Road yellow lines – Nothing to report.

<u>Pledgdon Green Lane/Brick End Road</u> – Nothing to report.

<u>Potholes</u> – County Cllr Gooding asked the Parish Council to provide him with details of locations and photos of any potholes in our parish that require repair. Cllrs to send details to the Chair.

Residents are encouraged to also report any matters to Essex Highways direct via the Essex Highways web site <a href="https://www.essex.gov.uk/highways">www.essex.gov.uk/highways</a> (details also on the Henham Website), as the more people who complain regarding Highways matters the more likely something will get done.

Residents are encouraged to report unsafe or dangerous parking in our village to: <a href="mailto:swilliams@uttlesford.gov.uk">swilliams@uttlesford.gov.uk</a> Stansted Airport Limited operates a Freephone number for reporting suspected on-street airport related car parking. The Freephone number is: 0800 7312385

### Correspondence

Sent/Received: lorry company regarding damage to greens; independent adjudicator and UDC regarding Cllr code of conduct complaints.

Planning Applications - see 4(iii) above

Clerk – approximately 300 emails in November 2022.

Waste and Minerals Development Issues – Nothing to report.

**SAW** (Stop Stansted Expansion) – Nothing to report.

Governance – The clerk has been liaising with EALC/NALC regarding proposed changes to the Financial Regulations and Standing Orders regarding clarification that VAT is exclusive on public contracts over £25,000 and that the requirement to obtain 3 quotes can be amended to a requirement to use reasonable endeavours to obtain 3 quotes. Proposed changes have been circulated to all councillors prior to this meeting. The NALC has confirmed there have been no changes to the model Financial Regulations since 2020 and the model Standing Orders since 2019. Cllr Francis proposed to adopt the amendments, seconded by Cllr Rutterford, approved nem con.

**Local Plan** – Documents relating to the local plan can be found at: <a href="https://www.uttlesford.gov.uk/new-local-plan">www.uttlesford.gov.uk/new-local-plan</a>.

#### Henham SOV 100 Club draw

#### **November Draw**

PCSO Alex Stewart conducted the draw. He drew from a black bag containing all current members lottery balls. The winning numbers were:

1st Prize Number 152 (P Eddleston) £233

2nd Prize Number 18 (P Franklin) £113

3rd Prize Christmas Bonus Ball Number 55 (H Hatt) Cumulative total £679

Total funds received per draw were £805. Half will be paid in prizes plus the cumulative Christmas Bonus Ball with the balance of £403 paid to Henham Parish Council SOV Funds.

#### **Date of Next Meeting:**

The next Parish meeting will be held on Thursday 2 February 2023 at 7:30pm at OSCA – Everyone Welcome.

There is no meeting in January 2023

#### Mareike Dacey, Clerk



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9.00 - 10.00	am	Pilates	OSCA
10.00 - 12.00	am	Tennis Ladies' Rusty Racquets	Henham Tennis Courts
6.45 - 8.00	pm	Springbok Classes	HUSCH
6.00 - 9.00	pm	Table Tennis Club	OSCA
Tuesdays			
9.15 - 11.15	am	Badminton Club	HUSCH
3.30 - 4.30	pm	Junior Tennis	Elsenham Courts
5.30 - 6.15	pm	Street & Com. Dance: Age 8-10	OSCA
6.00 - 7.15	pm	Cubs (term times)	OSCA
6.15 - 7.20	pm	Street & Com. Dance: Age 11+	OSCA
7.20 - 8.20	pm	Adult Dance Class	OSCA
Wednesdays			
3.30 - 4:30	pm	Junior Tennis	Henham Tennis Courts
5.45 - 6.45	pm	Beavers (term times)	OSCA
7.00 - 9.00	pm	Scouts (term times)	OSCA
7.00 - 9.00	pm	Badminton Club	HUSCH
Thursdays			
9.00 -10.00	am	Pilates	OSCA
10.00 -11.00	am	Pilates	OSCA
10.30 - 11.30	am	Little Fishes (in term time)	Church Hall
3:30 - 4:30	pm	Junior Tennis	Henham Tennis Courts
7.45 - 9.00	pm	Bell Ringing Practice	Henham Church
Fridays			
9.00 - 10.30	am	Tennis Ladies' 2 <sup>nd</sup> Team	Henham Tennis Courts
5.45 – 6.45	pm	Beavers (term times)	OSCA
Saturdays			
Meet at 9.00	am	Omega Runners	Outside Vision Fitness
10.15-12.45	am am	Omega Runners Junior Tennis	Outside Vision Fitness Henham Tennis courts
10.15-12.45 Sundays		Junior Tennis	Henham Tennis courts
10.15-12.45		· ·	o misiate v ision i imitas

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## We're Here to Help This Winter

We know many people are worried about rising costs and may be struggling. Friendly advisers at Uttlesford Citizens Advice are here to help. We offer free advice and support and can help you to access:

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- Warm homes advice, help with fuel debts and energy efficiency measures
- Benefits applications and entitlements
- Information about council tax support
- Budgeting & debt advice
- Support with housing and homelessness issues
- Emergency funds for fuel, food, prescriptions and essential travel
- Local food banks and children's clothes banks
- Support for carers
- Employment advice & access to support for job seekers

Our advice is available to everyone and is always free, confidential and impartial.

We are urgently in need of more volunteers to answer our phones, reply to emails and help people find a way forward. So, if you have made a New Year's resolution to do something different, develop new skills or meet new people, we would love to hear from you! Our volunteer roles are varied and rewarding and hours are flexible so fit well with family or other existing commitments. You don't need any previous experience - you just need to be friendly, nonjudgemental and comfortable using a computer. Please visit our website, <a href="https://www.uttlesfordca.org.uk">www.uttlesfordca.org.uk</a> or contact us for more information.

- For online advice go to www.citizensadvice.org.uk
- Call us on 01799 618840.
- Email <u>help@uttlesfordca.org.uk</u>
- Or visit our one-touch video access points in Great Dunmow and Stansted libraries and at the Old School House, Takeley
- To access over 150 local health, wellbeing and community groups go to www.uttlesfordfrontline.org.uk

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## **The Hundred Parishes Society**

www.hundredparishes.org.uk

Within each of our hundred or so administrative parishes, the parish church is nearly always the most significant heritage feature. The majority of our Grade I-listed buildings are churches and each of them has fascinating architecture, memorials and memories. Today, I would like to focus on one particular aspect, the church clock

Firstly, I must report that only half of our parish churches have a clock. All listed buildings have a formal description, but the details for a listed church rarely mention the clock, albeit that it is often a distinctive element of the church's appearance.

Most clocks are mounted on the church tower. Many churches have just one clock, some two or three. I have found only three churches with four clocks, one on each side of the tower: Newport, Radwinter and Steeple Bumpstead.

The majority of clocks are round, but a few are lozenge or rhombus shaped, like Felsted and Great Waltham.

Most clocks have a solid face although a few, like those at Steeple Bumpstead, consist of metal framework and numerals through which the brick or flint wall can be seen. Solid faces are usually either blue or black. Numerals and the hour and minute hands are almost always golden.



Felsted



Great Canfield

The hands generally point to Roman numerals (I, II, III, IV, etc – although several have IIII instead of the usual IV). Widford breaks the mould with Arabic numerals (1, 2, 3, 4, etc). Great Canfield has just a single hand, pointing to the hour.

Some clocks are inscribed with a date and occasionally a royal cipher, for example Great Waltham celebrates Queen Victoria.

Hatfield Broad Oak appears to display the oldest date locally, 1797, although the clock looks in pristine condition following recent conservation.

I hope this brief insight will encourage you to take more notice of our humble church clocks.

Ken McDonald, Secretary



Hatfield Broadoak

## **Henham & Ugley School**

It's the end of the autumn term and that means it's time for our Key Stage 1 and Early Years nativity productions.

The children have been busy learning songs and lines ready to perform to their families. Such a magical experience and for the first time in three years, one where families can join us in person!

At Henham, we try to get involved in as many sporting opportunities as possible and this month I thought I'd share a couple of the sports events we have taken part in this half term:

Archery competition: Henham hosted the competition, and what a fabulous day it was! Congratulations to:

The Year 3 & 4 team (Remi, Joseph, Lucas and Isla) who finished 2<sup>nd</sup> overall out of the eleven teams.

Some additional great achievements on the day with: Ben M finishing 1<sup>st</sup> with highest score for the boys (86) overall, representing Year 5 & 6

Molly B finishing 1<sup>st</sup> with highest score for the girls (86) overall, representing Year 5 & 6 Remi B in Year 4 finishing with 3<sup>rd</sup> highest score for the girls (57) overall, representing Year 3 & 4



**Cross Country:** one of the key events we attend each year is the cross country event at Howe Green. There were so many outstanding performances at this event that we were able to congratulate in our celebration assembly. We are so proud of all of the children who took part, the following children qualified for the next round; Well done to everyone that took part!

Year 3 girls in their finishing order: Thea, Scarlett, Juno, Evie, Daisy G, and Primrose.

Year 5 girls in their finishing order: Olivia H, Leah, Dot, Holly, Lara and Jasmine. Year 5 boys in their finishing order: Harry M, Ben M, Seth L, Teddy, Alfie and Harry W.

Year 6 girls in their finishing order: Lyra, Isla, Willow, Lacey-Mae, Molly and Alexis.

Year 6 boys in their finishing order: Franklin, Rupert, George, Thomas H, Louis and Stan.

Additionally, we had some superb individual performances on the day.

Kofi in Year 3 finished 1<sup>st</sup> overall for the Year 3 boys out of all the schools taking part and has therefore qualified for the finals as an individual runner – well done, Kofi, an incredible achievement!

Although the team didn't qualify, a special mention to Joseph and Marlie who were our highest finishing Henham runners for Year 4 out of all the schools taking part.

In Year 6, Franklin finished 1<sup>st</sup> overall for the Year 6 boys out of all the schools taking part – well done, Franklin, what an achievement!

Also in Year 6, Rupert finished 2<sup>nd</sup> overall for the Year 6 boys out of all the schools taking part – well done, Rupert, superb!

Finally, I love it when children come to my office to share super examples of their work, and on one of these visits I had the pleasure of hearing three examples of brilliant writing from Elise, Nate and Penny from Year 2. I was blown away with their use of vocabulary to describe a winter scene; well done!

I wish you all a wonderful Christmas and a healthy and happy new year. With my continued best wishes,



#### Kim Hall, Headteacher













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## The Village Calendar 2023

Please let us know of any future events that we can include in the village calendar, email <a href="mailto:henhandragon@hotmail.com">henhandragon@hotmail.com</a> or contact one of the committee members (phone numbers on the contents page)

January			
Saturday	21st	Afternoon Teas	OSCA 2pm - 4pm
Saturday	28 <sup>th</sup>	Tennis Club Quiz	OSCA 7pm
February			
Thursday	2 <sup>nd</sup>	Henham Parish Council meeting	OSCA 7.30pm
Saturday	4 <sup>th</sup>	Book Sale	OSCA 10am – 4pm
Saturday	18 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
March			
Saturday	18 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
April			
Saturday	15 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
Sunday	23 <sup>rd</sup>	Tennis Club Pick and Mix Finals	Henham Courts
May			
Saturday	20 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
June			
Saturday	17 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
July			
Saturday	15 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
August			
Saturday	19 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
September			
Saturday	16 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
October			
Saturday	21st	Afternoon Teas	OSCA 2pm - 4pm
November			
Friday	10 <sup>th</sup>	Henham Christmas Market	
Saturday	25 <sup>th</sup>	Afternoon Teas	OSCA 2pm - 4pm
December			

## 'Just One Thing'

#### Thinking about our use of plastics – Part 7

Apologies for the lack of articles in recent months. There is still so much to say on the topic, and I hope to continue as before, providing more ways to reduce our use of plastic in the home and recycling what we do use effectively.

#### Recent Discoveries:

**Stansted -** Stansted Free Church (at the bottom of Chapel Hill) has a box by the entrance for recycling. There is also a collection box inside St Johns Church, Stansted for the following

- used spectacles,
- ink cartridges,
- toothbrushes,
- electric toothbrush heads,
- toothpaste tubes
- medicine blister packs

**Grange Paddocks, Bishops Stortford -** Just inside the Grange Paddocks Leisure Centre entrance, there is a collection point for trainers.

**Refill Stores -** Don't forget to bring your empty containers with you.

- Eat 17 supply of products here is restricted
- **Tub Refillables** are at Saffron Walden Market every Tuesday and every  $2^{nd}$  and  $4^{th}$  Saturday
- **Refill Barn** located in Radwinter. Website: therefillbarn.com
- **Green Pear Eco** offer an on line shop and deliveries of refills to some local postcodes. Website: greenpeareco.com

#### **Toothpaste**

I have yet to find an acceptable alternative for toothpaste. Teeth cleaning tablets and the paste in jars did not work for me. Toothpaste tubes used to be one of the more difficult plastics to recycle but thankfully now Colgate and Aquafresh have produced recyclable toothpaste tubes. Please check to see if your tube has either of these logos. Once empty, put the cap on and place into your recycling bin.



#### THE EARTHSHOT PRIZE 2022

It was wonderful to see that UK based start-up company NOTPLA was one of the five winners at the Earthshot Prize last week. A group of students back in 2012 wanted to design a product out of natural materials that had all the benefits of plastic but be easy for nature to deal with at the end of its life. Their solution came from the ocean – seaweed. Some species of seaweed can grow up to 30cm per day. As the seaweed grows, it is capable of absorbing CO2.

"Becoming a winner of The Earthshot Prize affords them access to a global platform and profile with their stories being showcased the world over.

We will support them to ensure that their moment doesn't end with winning The Earthshot Prize but takes them on a journey that will see their solutions be adopted and scaled to drive the impact we know they can have on our planet." https://earthshotprize.org/how-the-earthshot-prize-works/awards/

I look forward to seeing Notpla products in our everyday lives in the not too distant future.

Thank you as always for taking the time to read this feature. If enough people choose 'just one thing' to reuse, repair or recycle each week, it will make a difference. If you have anything you would like to add, please do not hesitate to email me on ajmower63@gmail.com

#### Amanda Mower

Contacts for Hall Bookings						
Church Hall	Isobel Brooks	01279 850354				
OSCA	Judy Hughes	01279 850948 or 07752 292479				
Village Hall	Jenny Kodesh	01279 850610 or 07976 791642				
HUSCH	To book please Email <u>admin@henhamugley.essex.sch.uk</u> or phone 850213 (in term time only)					

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### Stansted Mountfitchet U3a



#### **Monthly Meetings**

Our meetings take place on the 3rd Thursday of the month from 1.30pm in St John's Church Hall

During 2022 we have had some very interesting speakers at our monthly meetings and we have learned a lot from them and from our many visits out and there are many more lined up for 2023.

On 19th January our talk is entitled 'Murder in the Red Barn'. Peter Maggs, a specialist in historical investigation, will tell of a long ago murder in deepest Sussex.

The Saturday Seminars are also making a welcome return, the first being led by David Morson on 25th February entitled 'Old Russia to European State'; prebooking only.

#### Visits and Groups

Recently a small group visited Talliston House in Great Dunmow. We were welcomed into what had been a small semi-council house bought some 25 years ago by John Tallow, a young man then, but now a published Author. He has spent 25 years changing this house into an eighteenth century Anglican rectory with Gothic Revival gardens, irrigation channels and pathways. Each room inside represents a different country and is furnished in the most magnificent way of its time. From Wales to New Orleans, to Japan or Canada. John's vivid imagination kept us enthralled.

The garden group had an excellent speaker, Joe Sharman, proprietor of Monksilver Nursery in Cottenham. His illustrated talk about plants in dry places, covered areas from the Californian desert regions to the extinct volcanoes of Spain and the arid areas of the Poloponnese and Turkey. He gave us a fascinating insight into nature's ways of adapting to climate change.

There is always room for new groups and several members have given us their ideas; they include Internet Technology, Quiz and Crosswords, Culture and Religions, Science and Technology and many more. If interested please contact Susan at bertiestar@gmail.com

#### Eileen Quinn

www.u3asites..org.uk/Stansted

## **Excerpts from Essex Police Newsletter**

#### Hare Coursers Tackled

The Rural Engagement Team (RET) have continued to support local businesses and residents by tackling illegal hunting of hares with dogs, known as hare coursing.

Hare coursers trespass on land to pursue hare, damaging crops and being aggressive. RET are targeting patrols in hot spot areas. We have reduced hare coursing by 67% compared to last year. That's 93 less incidents in Essex.

If you suspect have coursing, ring 101; or call 999 for a live incident, and notify landowners.

#### **Dog Engagement Events**

The RET have been busy speaking to dog owners about dog theft, attacks on wildlife and other issues.

Three events have been held so far in north Essex with more planned across the county.

#### Digital 101

You can report non-emergency crime by calling **101** or by using **Digital 101**, our quick and easy to use online service that's available at any time on the Essex Police website: essex.police.uk



## New Year, New You for 2023

Want to read more books this year? Try our e-books and e-audiobooks, which fit neatly into your daily schedule and make reading easier. Find out more about BorrowBox and Libby (Link: libraries.essex.gov.uk/e-books-e-audio-e-magazines-and-book-groups/e-books-and-e-audio/)

Want to work on a healthy lifestyle? We have thousands of books about exercise, food, and healthy living to suit your needs. Browse our catalogue to find your inspiration! (Link: tlc.ent.sirsidynix.net.uk/client/en GB/essex/?)

Want to try new things and meet new people? We are always hosting fun events and clubs in our libraries, from yoga to Scrabble to storytimes and family events. Come along and enjoy! Find out what's happening near you. (Link: libraries.essex.gov.uk/events/)





## **OPENING HOURS**

Monday & Tuesday – closed Wednesday and Thursday 12pm to 3pm and 5pm to 11pm Friday & Saturday 12pm to 11pm Sunday – 12pm to 7pm

## **FOOD SERVED**

Wednesday to Saturday - 12pm to 2pm and 6pm to 9pm Sunday - 12pm to 4pm

To book a table
email: bookings@thecockinnhenham.co.uk
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website: www.thecockinnhenham.co.uk

Facebook page: The Cock Inn Public House, Henham Instagram: cockinnathenham

#### REFUSE COLLECTION FOR JANUARY

Brown, black and green bin collections are made in most of Henham on Thursdays but there are a few areas where collections are made on Tuesdays.

BROWN BIN (kitchen leftovers) collected every week
BLACK BIN (non-recyclables) Thursday 5<sup>th</sup>, 19<sup>th</sup>
GREEN BIN (recyclables) Thursday 12<sup>th</sup>, 26<sup>th</sup>
GREEN GARDEN WASTE Thursday 12<sup>th</sup>, 26<sup>th</sup>

#### Village Shop & Post Office Opening Hours

Post Office:- Open Mon, Wed & Friday 9am to 12 noon Shop:- Monday to Friday 9am to 1pm and 2pm to 4.30pm Saturday 9am to 1pm, Sunday 9.30am to 12.30pm *Telephone 850644* 

Deadline for submitting articles for the February edition is Thursday 12<sup>th</sup> January. Please send your contributions to Miranda Roberts by email as an attachment to henhamdragon @hotmail.com

Editorial policy is to use Times New Roman font size of 14 points on A4 paper with left and right margins of 2.5cm. Different fonts and sizes are acceptable but may be changed to ensure the final article is easy to read. The committee reserves the right to edit contributions and does not take responsibility for the information given or the views expressed in The Dragon, nor is any culpability accepted for work undertaken by the advertisers.

#### **Advertising Rates**

Rates for one-off advertisements in the Dragon are as follows:-Full page £60.00, Half page £30.00, Quarter page £20.00 Small ads (non-commercial) placed by village residents £5.00. Village functions and charity fundraising events are advertised free.

We are now taking enquiries for the advertising year from April 2023 to March 2024. Contact Sheena Bigland on 01279 850373 or email henhamdragon@hotmail.com for details. Annual advertising must be placed by mid-February

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